

## WHY I CHOSE PEACE IN MY LIFE?

– BK Binny, Pokhara, Gandaki, Nepal



I vividly remember that when I was a six year old child, I used to have a triggering thought in my mind: Why do human beings exist on earth? I hail from a religious family and although my parents were neutral about spiritual matters, my grandparents used to tell me numerous mythical stories about God, goddesses and deities etc. I had a deep faith in some divine power and specially Shiva. Once I felt that some power came on me and all my wishes used to be fulfilled; I feel that later the power vanished as ego entered in me. It sounds funny but it was true. I was dedicated to my studies at school under the supervision of my mother who is head teacher of a government school. My mother never let me mix with friends and play on the ground as far as I remember. Her first focus was always on my school study and she focused on the value of time.

When I was a sixth-grade student, I happened to visit the Brahma Kumaris. The first day

was an ‘Aha’ moment for me. I felt so much peace there. I was really influenced by the logic explained in the pictures exhibited there. I analyzed what I had heard through my grandparents. What satisfied me the most was the concept that ‘there is only one God and He has to be universally accepted, whereas deities are many’. I understood how many incidents mentioned in Hindu philosophy were symbolic of something which really happened once in this universe; deities were normal human beings like us on earth but they were full of divine virtues and completely innocent, free from vices like lust, anger, greed, attachment and ego.

I learnt meditation which was a wonderful experience. Though I could not spare much time for visiting the centre frequently, yet there was a deep faith that it is God, the fountain of peace and love whom I have found on the basis of my experience and feelings. By the time I passed my 10+2 science (PCL level)

exam, there was such a deep love and respect for spirituality. I decided to lead a pure life. I had firm faith that present time is the most auspicious Confluence Age; a time for upward shift of human consciousness, where a new dawn is coming and the Iron-Aged old world is on the verge of collapse.

Quite a sense of disinterest was developing in my mind for my further study. But my parents suggested that I should continue studies. On the basis of my marks and available seats in the college, I got admitted to the architecture course. There, I stayed in a hostel for about five years. Life brought me lots of tests besides the college exams. I had already adopted ontological (*sattvic*) food since my childhood. I used to find myself different from my friends. What entertained me was *Murli* and silence in meditation whereas my friends got amused by watching movies, doing shopping etc. There was no doubt, a slight

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influence on me, as five years was not a short period. Architecture was really a tough subject. Life was completely hectic—going to bed at 3 a.m. and waking up at 5 a.m. or 9 a.m. sometimes was a normal thing. But I never missed reading Godly versions or Murli and developed a lot of love for spirituality and God during those five years.

Once I couldn't get permission to leave hostel on the occasion of *Baba Milan*. The whole day I was so curious what would Baba tell me in the Murli. I saw a dream which was symbolically exactly the same which came on the fresh *Avyakt Murli* from my inbox the next morning. I still wonder How Baba took my hand and fulfilled all my wishes! This was clear to me that my life was being guided by some divine power. Seeing my disinterest in worldly affairs, quite adverse to the nature of a young girl, my parents thought that I must be going through depression.

I joined one job but soon I developed disinterest in it. I also joined a college as a lecturer on contract basis but there was only one feeling that I was losing the precious moments of my life. I can't spend my whole day and my valuable life in such mundane way because this is the time of

Confluence and I have to play a different role for betterment of the world. I wanted to be a role-model for the youth and lead many souls who were searching for the truth. In the meantime, there were many proposals for marriage but this was the time where *Murli* guided me. My father was counselling me on this topic and in the very next-day *Murli*, Baba mentioned "Child, come to me; you will have to face a lot of tests for this decision but I am with you, I will never leave your hand." I used to feel as if God was telling it to me.

Thus, I finally decided to choose the path of peace in my life. Then, in November 2012, came the day of Baba Milan! I determined in my mind to work for the Godly cause. After making this decision, I gave all the responsibilities to my sweet God.

The next day I went to the main Godly Centre with bag and baggage. I knew no one there except one senior sister Parineeta. She allowed me to stay in the Centre. In the evening, there was a welcoming ceremony for me and my name was changed to 'Vijaya'. I was smiling inside and talking to Baba. I felt that Baba had also said, 'Your name is victory; you will certainly be victorious in everything'.

Even in the world, a successful businessman doesn't waste his manpower. Baba has given me lots of opportunities for Godly service. I have provided my professional services for construction of some buildings and some are under construction. The best thing is that I am learning a lot on managing relations, changing my *sanskars*, and also getting practical experience.

I am grateful to my parents for being always so supportive. I have learnt a lot from my father. Though he is not much inclined towards spirituality, he is a storehouse of many virtues. I feel so rich now internally when I wake up and sit for morning meditation every day. I have found a Treasure-house where I can take as much as I wish. Sweet Baba seems to be with me always. There is nothing which remains to obtain now; nothing seems lacking. Life is full of so many surprises and so many opportunities. This joy is super-sensuous where there are no fluctuations. I have learnt to be happy in all situations and circumstances. I have the Father of all souls, the supreme power in my life and it feels so good to be a part of God's plan.

***This is why I chose peace in my life.***