### ANGELS OF SHAKTI NIKETAN (INDORE)



- Rajnarayan Singh, Varanasi

ew people say that life is all about living it to the fullest. Some say life is to enjoy; others think that a human existence is an impossible thing even for gods. Thus, live the life in a manner that you attain the goal of life and make your life a success. Watching a sad person makes us sad and by watching a lively face we feel relieved of our tensions; all our fatigue vanishes. Life is one but there are different ways of living it. But picture this..... A face that reminds you of God, seeing which you overcome anxiety, stress, tension etc. and experience the waves of peace and calm; how wonderful!

I am going to introduce you to such a life. In April 2013, I visited Mt. Abu participating in a spiritual congregation. We informed that the next day, girl students of Shakti Niketan Hostel would showcase a presentation at Diamond Hall. from the other presentations, around 6-7 girls showed stunts and gymnastics.

It was an awesome feat – the way girls the were performing, the balance, the unparalleled courage and enthusiasm were incredible. Dadi Janki, the main (elder) teacher applauded them. I had seen such feats and amazing stunts in the circus only and wondered: who teaches these girls? To appease my curiosity, I visited these sweet little girls at their hostel -Shakti Niketan at Indore.

When I reached Indore, I realized that this is the city which is known as the city of Mother Ahilya, an ardent devotee of Lord Shiva. Naturally in such a holy city only spiritual and God like powers would prevail. Basking in the glory of the beautiful morning, I reached Palasia, a posh area of the city where the office of Brahma Kumaris' Indore Zone is situated.

There, I was taken on a tour of the facilities – the drawing room, the dining hall, kitchen, computer room, office, the granary, big meditation hall,

library, the girls' bedrooms with their double storied beds, a big roof top with solar system for hot water and the dough preparing machine. The infrastructure is incredible.

The Brahma Kumari sisters teach these young girls and under their guidance these sweet little angels carve their future, become good enough to lend their services at the world level. All sorts of training are imparted to these girls; I felt a wave of boundless calm wash over me as I saw the discipline, peace and sacrosanct atmosphere. I was very impressed and was short of words; I just don't have words to praise them.

I was very keen to meet the fabulous girls because of whom I was attracted to this place and as if on cue the sister introduced me to these angels.

There are about 150 girls in the hostel. In addition to academic knowledge, they also gain spiritual knowledge. Simplicity, piety and austerity are their ornaments; by following these traits they gain saintly qualities. From the length and breadth of our country, right from Kashmir to Kanya Kumari, the girls get admitted to this hostel, according to their capability and the rules and regulations. Many sisters, who have been trained in this hostel, have been extending their services for the moral and spiritual rejuvenation of the world.

After gathering the relevant information, I met the bright girls; their simplicity, straightforwardness, humility and affection attracted me automatically. By looking at them, we are reminded of the Divine Existence.

I am now recapitulating my conversation with the girls:

**Q. How do you feel here?** A. We like it a lot.

### Q. Don't you miss your families, your homes?

A. If one has attachment with one's family, physical separation from it makes one sad. As we have gained true knowledge that our real father is Supreme Soul God Shiva, and all of us are souls, we have gained insights to play our roles while maintaining equilibrium. Due to this spiritual awakening, our worldly relations have become very blissful.

# Q. Do you face problems while adjusting with each other coming from such diverse backgrounds?

A. All of us are children of one God; we practise this concept of universal brotherhood in letter and spirit here. As there is understanding and cooperation in mutual relations, its natural consequence is harmony.

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#### Q. How do you understand such big facts at such a tender age?

A. At the hostel we are provided proper training in various disciplines— worldly as well as spiritual. Regular practice of Rajyoga Meditation makes our vision and outlook broad as well as benevolent.

## Q. India is a country of festivals. How do you celebrate festivals? Do you go home?

A. We celebrate all the festivals with a lot of enthusiasm at the hostel only; each of them is celebrated with the aim to spread some spiritual message. We feel a lot of inner calm and strength through this. The most important festival is the Annual Day of the hostel, celebrated in the last week of December.

While all this was going on, I could see the glowing faces of the girls surrounding us. I came to know that in the hostel, a senior and a junior girl stay together so that the experiences and values are passed on to the youngsters automatically. I felt the set up was like big computer

software; everything is computerized. These little angels would in the near future play a large part in creating peace and establishing a new world order.

This hostel is totally managed by the B.K. sisters; in today's era where it is difficult to raise even two children, here 150 children are raised keeping in mind that all moral and spiritual values are intact. This would be like a riddle for the youth of today who are fixated mainly on new technology like mobiles and social networking sites. These little angels, on the other hand, are hell-bent to reach the new horizon.

Blessed are the parents whose children are being raised here. Salutations to the Brahma Kumaris!

The parents desirous of admitting their children in the hostel may inquire from January to April. Actual admission procedures begin by May-June. For additional information please contact:

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