



## ***EVENTFUL SEASON FOR BRAHMA KUMARIS***



**T**he months of August and September are very important for the whole world as many festivals connected with almost all the religions take place during these two months. For Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalyaya, the month holds great significance as it is related to the 7th Ascension Day of B.K. Dadi Prakash Maniji, perhaps one of the most popular figures amongst the spiritual personalities of the century. Each year observance of her Day of Remembrance is becoming more and more known to the world, as the participation of BK sisters and brothers, as well as those from different religions and professional backgrounds, who have had the opportunity of receiving Dadiji's blessings and sustenance during her lifetime, is on the increase. Here at the Headquarters, we had a very special week of

honouring Dadiji with different programmes at Mount Abu and Abu Road campuses, from around 20 – 30 August 2014.

The most important of all the programmes was on 25 August 2014 from morning till evening. It started with us paying respects and offering of flowers to beloved Dadiji at her Memorial in Shantivan campus, known as 'Prakash Sthamb'. Everyone was looking forward to the offering of Bhog to the Supreme Being, which started at around 12.15pm. It was very auspicious occasion as participants in the Bhog ceremony were looking forward to having an experience of Dadiji's presence through the trance medium of revered Dadi Gulzarji. The wishes of all the brothers and sisters were fulfilled when the Avyakt form descended for some time and greeted everyone with loving

drishti, and the gesture of the subtle hugs. **This was followed by a very interesting Question & Answer session for more than 45 minutes. The rich essence of the same is being shared with our esteemed readers for their personal information and benefit:**

- ▶ *To the extent that our Supreme Parent is working on us (for our own transformation), we now have to give a return. God's effort is greater, and the return is less. The return is to become equal to the Father's.*
- ▶ *With subtle touchings and by becoming introverted, spread your inner power. Finish the waste with subtle powers.*
- ▶ *Let souls be inspired to come to you to understand what the significance is of the speed of time at the present time. Draw people's attention to this topic of the transformation that has to take place, and how they will work with you*



*in this transformation. Let them understand that they are also our companions in this and then continue to connect with them further, in one way or another.*

*▶ Whatever service the Wings are carrying out (to serve various professions), there has to be a checking taking place every now and again as to what service is taking place, and*

*whether service is taking place or not.*

*▶ B.K. Teachers have to pay attention to everything. Teachers must not think only of service. One is dharna, the other is the study, and then there has to be attention on the study as well as service. Every now and again, give some homework to yourself. Check whether there is attention or not on the four to five main*

*subjects throughout the day. There has to be balance between the self (spiritual endeavours for the self) and service.*

*▶ It is necessary to have regard for one another in our mind. When there is regard for one another, and when we take some benefit from the activity and behaviour of one another, then this gathering can become strong.*

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## **Brief News Report on the 9th World Congress on Clinical, Preventive Cardiology and Imaging WCCPCI - 2014**

**I**t has been a great honour for PBKIVV and the Medical Wing of Rajyoga Education & Research Foundation to host the 9th World Congress on Clinical, Preventive Cardiology and Imaging WCCPCI: 4-7 September 2014, at Conference Hall, Shantivan, Abu Road.

Under the dynamic and inspirational guidance of Dr HK Chopra, Dr Navin C Nanda, Dr Satish Gupta, Dr Parashar, Dr Partap Midha, Dr Banarsilal Sah, and other

honourable members of the Organising Committee, this very high-level conference of Cardiologists and Heart Specialists took place successfully. The Conference was attended by over 1200 cardiologists, and other senior participants including Dr Mark Creagar (President-Elect AHA) from USA and about 150 foreign delegates.

The Conference was graced by India's **Union Health Minister Dr Harsh Vardhan** through video-

conferencing, and inaugurated by **His Excellency Shri Ram Naresh Yadav, Governor of Madhya Pradesh.**

*The Hon'ble Governor drew attention to the fact that the culture of Bharat is significant in many ways. Its traditional lifestyle not only helps combat illnesses but acts as a shield against illnesses. In the past, those who adhered to the traditional lifestyle were able to distance*

*themselves from the heart illnesses prevailing today. It is necessary that doctor's advice and a disciplined daily schedule be adhered to so that the spread of the disease can be curbed. He commended the fact that Scientists and Specialists from Bharat and the world had gathered to discuss and enhance ways to prevent heart diseases. He also remembered Teachers on Teachers' Day (5 September) and their important role in creating an elevated and healthy*

*society.*  
 The Conference had been very meticulously planned right from early morning Meditation (4.30am) to Scientific Sessions throughout the day, and Spiritual Enlightenment Discourses by several B.K. Rajyogis including divine Sister Shivani, Brother Nirwair, Sister Sheilu, BK Sis Geeta and others.  
 The Cultural Programmes in the evenings were of high standard in professionalism and creativity, and provided inspiring entertainment to the delegates.

The Grand finale of the Conference was that of honouring the main guests from India and abroad, and learned speakers who benefitted all the participants with their input of thoroughly researched lectures. All the cardiologists and other guests felt highly enriched and thanked the Organisers from the heart profusely for arranging a well-balanced programme to enhance their lives on all levels: physical, intellectual, emotional and spiritual.

– **B.K. Nirwair**

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### First-ever Retreat for I.T. Professionals

The Brahma Kumaris Headquarters is like a flowing river where the nectar of spiritual wisdom continues to flow and refresh the lives of participants throughout the year.

The next significant and unique programme coming up is for I.T. Professionals called 'Spirituality in IT: Relax, Recharge and Rejuvenate' from 2-5 October 2014, at Gyan Sarovar Campus,

Mount Abu.  
 Some of the topics to be covered will be Effect of *Thoughts on Health, Science of Meditation, Applied Spirituality, The Art of Neuro Leadership, Relationship & Parenting, Self-Talk, Goodbye Tension* and more. 'Inner Technology' will be discussed, and how the application of which can revitalize our personal and professional

lives. The participants will be given the opportunity to witness and experience first-hand the spirit of inclusiveness, cooperation and warmth within the Brahma Kumaris family which helps individuals unveil the best within themselves and bring about qualitative changes in their lives.

Registration can be completed on <http://sit.brahmakumaris.com>