



# शिक्षा दर्पण



शिक्षा प्रभाग की त्रैमासिक समाचार पत्रिका

सितम्बर - 2017

ब्रह्माकुमारीज़, माउण्ट आवू (राज.)



1. ज्ञान सरोवर में आयोजित विश्वविद्यालयों और महाविद्यालयों के शिक्षाविदों के महासम्मेलन का उद्घाटन करने के पश्चात् संस्था की मुख्य प्रशासिका दादी जानकी जी, जवाहरलाल नेहरू विश्वविद्यालय, नई दिल्ली के प्रो. एम. जगदेश कुमार, प्रो. एस.ए. कोरी, डॉ. मनप्रीत सिंग मन्ना, प्रो. पंकज एल. जानी, ब्र.कु. निर्वैर, ब्र.कु. मृत्युंजय, डॉ. ब्र.कु. हरीश शुक्ल, ब्र.कु. शुक्ला दीदी तथा अन्य।
2. शान्तिवन में आयोजित 38वाँ अखिल भारतीय बाल व्यक्तित्व विकास शिविर का उद्घाटन करने के पश्चात् ब्र.कु. निर्वैर, डॉ. ब्र.कु. हरीश शुक्ल, ब्र.कु. शीलू, ब्र.कु. भरत, ब्र.कु. प्रभा, डॉ. ब्र.कु. ममता तथा अन्य।

## परामर्श दाता

राजयोगी ब्र.कु. निर्वैर जी

महासचिव, ब्रह्माकुमारीज एवं अध्यक्ष, शिक्षा प्रभाग

राजयोगी ब्र.कु. मृत्युंजय जी

कार्यकारी सचिव, ब्रह्माकुमारीज एवं उपाध्यक्ष, शिक्षा प्रभाग

राजयोगिनी ब्र.कु. शीलू बहन जी

मुख्यालय संयोजिका, शिक्षा प्रभाग

## प्रधान सम्पादक

राजयोगी डॉ. ब्र.कु. हरीश शुक्ल जी

राष्ट्रीय संयोजक, शिक्षा प्रभाग

## सम्पादक मण्डल

ब्र.कु. सुन्दरलाल जी, हरिनगर, दिल्ली

ब्र.कु. प्रो. एम.के. कोहली, गुडगाँव

डॉ. ब्र.कु. ममता शर्मा, मेहसाना

## प्रकाशक

एज्युकेशन विंग (R.E. & R.F.)

एवं ब्रह्माकुमारीज

## प्रकाशन

ओमशान्ति प्रिंटिंग प्रेस, शान्तिवन, आबू रोड

## डिजाइनिंग सेटिंग

ब्र.कु. चुनेश

वैल्यू एज्युकेशन ऑफिस, शान्तिवन, आबू रोड

## अमृत सूची

❖ सम्पादकीय:

शिक्षक दिवस पर विशेष...

मूल्य शिक्षा में शिक्षकों की भूमिका

❖ *Report of The University and College Educators' Conference on*

**Value Education and Spirituality**

❖ 5 सितम्बर 'शिक्षक दिवस' पर विशेष...

मूल्य शिक्षा - शिक्षा प्रणाली की ज्वलन्त आवश्यकता

❖ **Report of 38th All India Children's Personality Development Camp,**

*Shantivan, Abu Road, Rajasthan*

❖ राजयोगिनी दादी प्रकाशमणि जी की 10वीं पुण्य स्मृति दिवस पर कविता

❖ Happiness is Nothing but Attitude to Life

❖ 38वाँ अखिल भारतीय बाल व्यक्तित्व विकास शिविर की झलकियाँ



## निवेदन

शिक्षा प्रभाग के सेवा समाचार फोटो सहित तथा स्व-रचित कविता, गीत, लेख इत्यादि वैल्यू एज्युकेशन सेंटर, आनंद भवन, शान्तिवन, आबू रोड के पते पर भेजकर अपना सहयोग प्रदान करें।

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डॉ. ब्र.कु. हरीश शुक्ल

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शिक्षक दिवस पर विशेष...

## मूल्य शिक्षा में शिक्षकों की भूमिका



डॉ. ब्र.कु. हरीश शुक्ल  
राष्ट्रीय संयोजक,  
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हमारी भारतीय संस्कृति में शिक्षक को भाग्य विधाता कहा जाता है। शिक्षक को अपना स्वधर्म याद होना चाहिए। आजकल सोशल मीडिया के माध्यम से शिक्षक दिवस की याद दिलाई जाती है।

अपनी व्यस्तताओं में हम अपना कर्तव्य भूल गए हैं। आज भौतिक सुविधाओं से सजी कई शिक्षा संस्थाएं हैं। परन्तु यहाँ भोगवादी व्यक्ति पैदा हो रहे हैं। इन शिक्षा संस्थानों का लक्ष्य मात्र अर्थोपार्जन है। भारत की पारम्परिक गुरु केन्द्रित शिक्षा प्रणाली बदल चुकी है। आज विद्यार्थी केन्द्रित शिक्षा प्रणाली का समय है। शिक्षा भी सेवा है जिसे विद्यार्थी खरीदता है।

प्राचीन भारतीय शिक्षा प्रणाली मानवीय मूल्यों के प्रति निष्ठा जगाने एवं आध्यात्मिक व्यक्तित्व निर्माण के लिए अत्यन्त समर्थ थी। मानव मात्र में सद्बुद्धि जागृत कर उसके बहुमुखी व्यक्तित्व का विकास करना ही शिक्षा का प्रमुख उद्देश्य था। इसके लिए शिक्षक, शिक्षार्थी और समाज तीनों ही प्रयत्नशील थे। उसमें शिक्षक का स्थान सर्वोपरि था। आत्म तत्व जैसे घन तत्व का बोध करने कराने वाला शिक्षक ही था। इसीलिए शिक्षा के लिए कहा गया 'सा विद्या या विमुक्तये।' कवीन्द्र रवीन्द्र ने कहा था, 'शिक्षा अर्थात् जो परम सत्य की खोज में मन का सहायक हो, जो स्वयं को काल के बंधनों से मुक्त करे और द्रव्य का ही नहीं, आंतरिक प्रकाश का भी, शक्ति का भी, प्रेम का खजाना भी हो तथा सत्य को वास्तविक रूप से प्रकट करे।' गांधी जी ने कहा कि 'बालक और मनुष्य के शरीर, मन और आत्मा में जो कुछ भी श्रेष्ठ है, उसे बाहर निकालना ही शिक्षा है।' श्री अरविन्द ने भी मानव की सम्पूर्णता के प्रकटीकरण को ही शिक्षा कहा है।

आज शिक्षक दिवस का महत्व समझकर वर्तमान शिक्षा को मानवीयता के लिए प्रयोग में लाना भी सच्चे शिक्षक होने का कर्तव्य है। सहज मानवीयता का स्पर्श मात्र शिक्षक के दायित्व को पूर्ण बना देता है। ऐसे सच्चे शिक्षक साक्षात् रूप में कथनी और करनी को समान रूप से जीवन में अपनाने वाले, सच्चे मार्गदर्शक जीवन जीने की कला को सिखाने वाले अरविन्द, गांधी, दादी जानकी जैसे विरल शिक्षक हमारे मार्गदर्शक हैं। इन महान शिक्षकों को हम सबका शतशतप्रणाम।

## Report of The University and College Educators' Conference on **Value Education and Spirituality**

**T**he conference included eight sessions including Reception Session, Inaugural Session, four Open Sessions, Panel Discussion Session and Valedictory Session. The Reception Session of the University and College Educators' Conference on *Value Education & Spirituality* organized by the Education Wing of Rajayoga Education & Research Foundation (RERF), a sister organization of Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalay, commenced at 6.00 p.m. on 12th May, 2017 in the auditorium of Gyan Sarovar, Mount Abu, Rajasthan with inquisitive participation of almost 600 University and College Educators from different parts of India, as reported by **Dr. B.K. Yudhisthir**, Executive Member, Education Wing & Associate Editor, *The World Renewal*, Brahma Kumaris, Shantivan.

**Dr B.K. R.P. Gupta**, HQs. Co-ordinator, Value Education Programme, heartily welcomed them, saying, "A teacher lives less for himself but more for the society. Teachers should be instrumental for halting the further deterioration of the standard of education through introducing value and spirituality in the curriculum, and inculcating value and spirituality in their personal life." **Shri Amit Aggarwal**, Chairman of Jaipur Engineering College & Research Centre (JECRC) & University, Jaipur, Rajasthan, said, "Our youth have potentialities which need to be harnessed. Value and spirituality are the missing links in our education. Our youth need *Deeksha* for fulfilling this gap." **Prof. Radheshyam Sharma**, former Vice

Chancellor, Cahudhury Devilal University & Guru Jambeswar University, Haryana, said, "People in the whole world are tension-ridden, hopeless and despondent. The reason is the lack of value education and spirituality, which the Brahma Kumaris Institution is providing now. Our youth urgently need this value education and spirituality through which they can get purity in body, mind and heart." **Dr. Rewat**, Pro-President of Madhav University, said, "In present education, there is lack of values. With good company, one can develop good qualities. With the company of the Brahma Kumaris, I learn to perceive the world as a vast family." **Dr. B.K. Nirmala**, Director, Gyan Sarovar, said, "One can change one's life with value education. Now, people are addicted to intoxicants like cigarette and liquor. People have knowledge of bad impacts of these, but due to lack of power, they cannot get rid of all these. Value and spiritual education of Brahma Kumaris can help them get rid of all these." **B.K. Shiellu**, HQs. Co-ordinator, Education Wing, transported the audience to the metaphysical world of peace and silence through her powerful meditation commentary. **B.K. Supriya**, Executive Member, Education Wing, made a nice presentation of Rajyoga Thought Lab, highlighting how positive thought can bring about changes in life of youth and people. **Dr. B.K. Lognathan**, Principal, Chartered Institute of Technology (CIT), Abu Road, offered vote of thanks to the guests, speakers and the audience. **Dr. B.K. Mamta**, Executive Member, Education Wing, co-ordinated the stage programme very nicely and successfully.



In the *Inaugural session*, **Dr. B.K. Harish Shukla**, National Co-ordinator, Education Wing (RERF), heartily welcomed the guests and speakers on the dais and the audience, and said that the world can change only with the power of spirituality. **Dr. B.K. Pandiamani**, Director, Value Education Programme, detailed about the various Value Education & Spirituality courses offered in 11 languages through 13 universities. **Prof. S.A. Kori**, Executive Director-cum-Member Secretary, Karnataka State Higher Education Council, Bengaluru, praised highly the Brahma Kumaris for working for the spiritual uplift of the humanity through Value Education & Spirituality, which our education policies and universities have failed to do so. He said, "Education opens the mind but spirituality opens the heart." **Sister B.K. Shukla**, Director, ORC, Gurugram, said, "Today's education is almost directionless. Value & Spiritual Education can fill one with knowledge, qualities and powers; and awaken the human spirit and help in leading a balanced life." **Dr. Manpreet Singh Mann**, Director, AICTE, New Delhi, said, "Today, the major deficiency is the mental deficiency. We think much but do not contemplate and churn at all. We have failed to give mental health to our children and students. Consequently, as a consumer market, India is placed in 3rd rank in the world but in innovation it has 63rd rank in the world." **B.K. Mruthyunjaya**, Vice Chairperson, Education Wing, said, "Today, the saying 'Knowledge is power' means the power to make money instead of man-making. Today, we develop solar power but have forgotten soul power. The Brahma Kumaris is working to make India a Divine India, going a step ahead of Digital India." **Prof. Ved Prakash**, Former Chairman, UGC, New Delhi, threw light on the fundamental duties enshrined in the Constitution of India and appealed to the teachers' community to identify values in them and try to inculcate them personally and help the students to inculcate them in life. **Dadi Janki**, Chief of the Brahma Kumaris, said, "God has taught me the art of life and has given me the thought of doing good to others. It is the values of Truth, Cleanliness and Simplicity that have worked wonders in my life." **Prof. M. Jagadesh Kumar**, Vice Chancellor, JNU, New Delhi, as Chief Guest, said, "The world now faces a plethora of problems. The time has now come to understand that we cannot go on with the business as usual. Innovation in linear way is not sufficient and sustainable. We have to understand the importance of values and spirituality and bring them back to life if we are to build a sustainable and inclusive society." **B.K. Nirwair**, Secretary General & Chairperson, Education Wing, said, "Other universities are making teachers, doctors, engineers but

the Brahma Kumaris University is making the human beings deities through value education, spiritual education and Rajyoga, thereby justifying the saying "Man is made in the image of God." **B.K. Meharchand**, Executive Member, Education Wing, Haryana, offered vote of thanks to all guests and speakers on the dais and to the audience. **Sister B.K. Ravikala**, Executive Member, Education Wing, Mount Abu, co-ordinated the stage activities very effectively and successfully.

In the first *Open Session*, the speakers highlighted upon the topic "*Happiness - A Daily Decision*". **Sister B.K. Anjali**, said, "In the World Happiness Index, India is ranked 122 among the 155 countries of the world." In order to be happy, she suggested to follow the *Inside-Out Approach* instead of the *Outside-In Approach*, to share what we have with others because giving is taking. **Shri Sreenivas Chandra Prusty**, Registrar, National Law University, New Delhi, said, "To remain constantly happy is a difficult task, because we cry thinking over our bygone past and our unseen future." He stated that there are three kinds of ego, i.e., adult ego, parent ego and child ego. In order to be happy, let us make alive our child state, keep in touch with nature and give respect to others." **Prof. B.S. Satynarayan**, Vice Chancellor, BML Munjal University, Gurugram, said, "Happiness is when there is harmony in thinking, saying and doing. Technology also helps in spreading spirituality. If we start transforming ourselves on the basis value education and spirituality, India will again become the World Teacher and Global Leader." **Sister B.K. Divya**, Faculty Member, ORC, Gurugram, co-ordinated the programme very successfully.

In the second *Open Session*, the speakers highlighted upon the topic "*Tapping the Power of the Mind*". **Dr. B.K. Seema Chopra**, Executive Member, Education Wing, Ludhiana, said, "Mind is the thinking faculty of the soul. There should be no negative thoughts; criticism, blaming, comparison and complaints. More of such thought drain the energy of mind. In order to tap the powers of the mind, practice of Rajyoga meditation is the only effective way." **Prof. N. Kavita Daryani Rao**, Vice Chancellor, J.N. Architecture & Fine Arts University, Hyderabad, said, "Mind is like a super computer; it has great potential that need to be harnessed. Whatever you think, you become that. Every step counts in a long journey. It is important to take the first step. Achievement of your personal goal will help in achieving the societal goals." **Prof. P.N. Shastry**, Vice Chancellor, Rashtriya Sanskrit Sansthan, New Delhi, said, "Stability of mind can be achieved with positive thoughts and by meditating on God. In any discipline, the attempt to include value education should be practical. **Dr. B.K. Hardeep**,

Executive Member, Education Wing, Ludhiana, coordinated the stage activities very successfully.

During this Conference, two **Memorandum of Understandings (MoUs)** were signed; one is between the Education Wing (RERF) and Babasaheb Ambedkar Open University, Ahmedabad; and the other is between the Education Wing (RERF) and Provost Rai University, Ahmedabad. **B.K. Mruthyunjaya** signed on behalf of the Education Wing whereas **Prof. Pankaj L. Jani**, Vice Chancellor, signed on behalf of Babasaheb Ambedkar Open University, and **Dr. Kartik Jain**, Provost, on behalf of Rai University. Both the Vice Chancellor and Provost expressed their pleasure after the signing and promised to work for the promotion of value and spirituality among their students.

**Dr. B.K. Savita**, HQs. Co-ordinator, Womens' Wing, Shantivan, threw much light on the topic "*Pitashri Brahma - The Embodiment of Values*", saying "Brahma Baba, the corporeal founder of the organization has become the embodiment of various values and spirituality during his lifetime. He himself first inculcated the values, lived them and became a living inspiration for many others to follow, imitate, inculcate.

In the third **Open Session**, the speakers highlighted upon the topic "**Nurturing Relationships through Values**". **B.K. Pius**, Executive Member, Education Wing, New Delhi, said, "Values play an important role in nurturing human relationships. Giving value and regard to others can nurture our relationships. Consider yourself as a unique personality. Speak less, softly and sweetly to establish good relationship. **Dr. Pandit Palande**, former Vice Chancellor, Bihar University, said, "We should understand the importance of our relationships with others. Today, cases of divorce are increasing. The term 'contract marriage' which breaks the relationship between a man and woman after the expiry of term of contract is blot on human relationship. **Sister B.K. Neha**, Executive Member, Education Wing, New Delhi, conducted the stage activities very successfully.

In the **Panel Discussion** on the topic "**Role of Values and Spirituality in Education**," the panellists discussed the topic thoroughly. **Dr. N.V. Kalyankar**, Vice Chnancellor, Gondwana University, Chandrapur, Maharashtra, said, "India is the third largest education system in the world. Here, education is now as a means for getting a job or profession. It is now treated as a source of business; and students are treated as costumers. This is so, because our education system is bereft of values and spirituality." **Prof. Chintamani Mohapatra**, pro-Vice Chancellor, JNU, New Delhi, said, "We are with many problems in a transitional period. In order to solve our various problems and

challenges, introduction of values and spirituality in our education system is quite essential. **Sister B.K. Sudesh**, Executive Member, Education Wing, New Delhi, said, "To teach values, the teacher must inculcate first values and spirituality in him, and then only he can be teacher of values and spirituality. The course on values and spirituality must be included in our education system." **Prof. Pankaj L. Jani**, Vice Chancellor, Babasaheb Ambedkar Open University, said, "We are talking of the need of values and spiritual education, because everybody is disgusted today. Corruption is prevalent everywhere. People throw garbage on the road, so the PM of India started the Swachha Bharat Mission. Value education is the key to progress and success. **Ms. Sagun Kiran Balantrapu**, Consultant Trainer, VITAL India, Chennai, said, "There are four pillars of education: Learning to know, Learning to do, Learning to be and Learning to live together. The learning of first two pillars is included in our curriculum, but the learning of last two pillars is almost neglected in our education. Hence, the urgent need of value and spiritual education." **B.K. Mukesh**, Associate Professor, Jaipur Engineering College & Research Centre, Jaipur, coordinated the stage activities very successfully.

In the fourth **Open Session**, the speakers highlighted on the topic "**Leading through Being**". **Sister B.K. Kiran**, Executive Member, Education Wing, Bhopal, said, "All our actions depend on the state of our 'inner consciousness' or 'being', which is spiritual instead of physical. A true leader leads others being established in his spiritual consciousness. Prajapita Brahma founded and led the Brahma Kumaris Institution in state of his spiritual consciousness. All our problems arise due to body-consciousness; so, the need is to set us in spiritual consciousness. **Prof. P.K. Dashora**, Vice Chancellor, University of Kota, Rajasthan, said, "The individual should set him in his self first. Then only he can acquire and inculcate knowledge, qualities and powers and extend his personal self to universal self. This is possible through practice of Rajyoga meditation." **Sister B.K. Chitra**, Executive Member, Education Wing, Jaipur, conducted the stage programme very successfully.

In the **Valedictory Session**, the speakers highlighted on the topic "**Educators' Role in Transforming the Society**". Initially, **B.K. Nitin**, Gyan Sarovar, rendered a touching song. **B.K. Ved Guliani**, Executive Member, Education Wing, Hissar, said, "Among the three professions such as defence, medical and education, the profession of education is the most elevated one. The educators play a significant role of transforming the people of the society and

world." **B.K. Rajesh**, Executive Member, Education Wing, Shantivan, gave a Power Point Presentation (PPP) of the value and spiritual RECIPE (Rajyoga Education for Consciousness Improvement Programme of Educators). **Prof. H.M. Maheswaraiyah**, Vice Chancellor, Central University of Karnataka, Kalaburagi, quoted S. Radhakrishnan's statement and said, "While the destiny of the nation is built in class rooms, the teachers are the architectures of the nation. Today, though students are educated yet they do not have the conscience (*Vivek*). So, the role of education should awake their conscience. **Dr. Uma Shankar Sharma**, Vice Chancellor, Maharana Pratap University of agriculture and technology, Udaipur, Rajasthan, said, "In the past, social uplift was possible through Gurukul system of education, but today blind imitation of western civilization is going on, giving rise to many problems in our society. The Value Education & Spirituality courses of the Brahma Kumaris can greatly help in this direction." He expressed his wish for signing a MoU with the Education Wing of Rajyoga Education & Research Foundation (RERF), a sister organization of the Brahma Kumaris. **Prof. T. Balaram Krishna**, Chairman, TSR & TBK, Degree Colleges & Schools, said, "The Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya is the only university in true sense of the term. Its ideal, noble, and elevated teachings on spiritual, value and Rajyoga education system will go a long way in establishing heaven upon the planet earth in near future." **B.K. Mruthyunjaya**, Vice Chairperson, Education Wing, Mount Abu, said, "At present, there are communalization of human relations, commercialization of education and criminalization of politics and administrative systems instead of their moralization, spiritualization and divinization. The Brahma Kumaris Institution is working for the

divinization of human beings. **Sister B.K. Suman**, Programme Co-ordinator, Education Wing, Gyan Sarovar, said, "Self-transformation leads to world-transformation. So, the teachers should transform them first on the basis of value, spiritual and Rajyoga education and become the role models for the students, who imitate them in their life." She also transported the gathering to the metaphysical soul world to make connection of the souls with God, the Supreme Father. **Dr. B.K. Yudhisthir**, Executive Member, Education Wing & Associate Editor, *The World Renewal* magazine, Shantivan, presented the report and appealed the educators to follow and implement the following resolutions in their life:

(i) As a child of God I will play my role as a perfect actor in this Eternal World Drama (EWD) of life. (ii) I will do my task when it comes to me during the passage of time. (iii) I will be the change first what I want to see in the world. (iv) I will live in the present, for present is the foundation of future. (v) I will stand for truth; fight for truth; and hoist the flag of truth irrespective of whatever may come in the path of truth. (vi) I will do the drills both for the mind and body for achieving healthy mind and healthy body. (vii) I will practise Rajyoga to be a person of good character, a *karma yogi* and reach my final destination and ultimate destiny. (viii) I will try my best to lead a values-and-spirituality-based life.

**Sister B.K. Indra**, Senior Rajyoga teacher, Mount Abu, co-ordinated the stage activities very effectively and successfully.



Dr. B.K. Yudhisthir,  
Shantivan





5 सितम्बर 'शिक्षक दिवस' पर विशेष...

## मूल्य शिक्षा - शिक्षा प्रणाली की ज्वलन्त आवश्यकता

जब महान दार्शनिक और शिक्षाविद् सुकरात ने लोगों को बौद्धिक रूप से शिक्षित करने के लिए अपनी संस्था 'एकेडमी' खोली होगी तो उनके मन में यह ख्याल भी नहीं रहा होगा कि एक दिन ये शिक्षण संस्थान सबसे अधिक आर्थिक लाभ देने वाले करमुक्त (टैक्स फ्री) उद्योग में बदल जाएंगे और शिक्षा व्यवसायिक गतिविधियों का केन्द्र बनकर रह जाएगी। परन्तु वर्तमान समय यह सब कुछ हो रहा है।

### मूल्य शिक्षा के प्रति संकोच का भाव क्यों?

क्या शिक्षण संस्थाओं का मूल्य यही है कि वे डिग्री/सर्टिफिकेट देकर व्यक्ति को लिपिक (क्लर्क) बनाने या धन कमाने के लिए सड़क पर छोड़ दें? आखिर, विद्यालय के अतिरिक्त अन्य कोई स्थान है जहाँ एक बालक को बेहतर इंसान बनाने के लिए मानवीय मूल्यों की शिक्षा देने का प्रावधान हो? विद्यालयों में शिक्षा के गिरते स्तर से सरकार और शिक्षाविद् सभी चिन्तित तो दिखाई पड़ते हैं परन्तु मूल्य शिक्षा को लागू करने के प्रति संकोच का भाव क्यों है? यह बात तो सभी स्वीकार करते हैं कि वर्तमान समय में विद्यालयों से शिक्षा प्राप्त करके निकलने वाले विद्यार्थियों में मानवीय मूल्यों जैसे शान्ति, सहनशीलता, प्रेम, सेवाभाव, सहयोग इत्यादि की निरन्तर कमी होती जा रही है। आज के शिक्षित बच्चों के कंधों पर ही कल के समाज का उत्तरदायित्व है। जब उनमें मानवीय मूल्यों एवं संवेदनाओं का अभाव रहेगा तो उनसे यह कैसे आशा की जा सकती है कि वे सामाजिक और पारिवारिक कर्तव्यों के प्रति निष्ठावान बनें? संवेदनशून्य व्यक्ति से कर्तव्य-बोध की आशा नहीं की जा सकती है।

### मूल्यों से भटकाव का दौर

समाज के बुद्धिजीवी लोगों को वर्तमान शिक्षा प्रणाली में मूल्यों को लागू करने के लिए सकारात्मक माहौल बनाने में आगे आना चाहिए। मीडिया और समाचार-पत्र भी मूल्यों को शिक्षा में लागू करने की आवश्यकता के प्रचार-प्रसार में प्रभावशाली भूमिका निभा सकते हैं। उच्च शिक्षा के लिए पूरे देश में उत्तरदायी विश्वविद्यालय अनुदान आयोग मूल्य शिक्षा के महत्व को बहुत पहले ही रेखांकित कर चुका है। इस संदर्भ में शिक्षा शास्त्रियों और सरकार में एक जैसी ही सहमति है परन्तु अब तक मूल्य शिक्षा को बच्चों के पाठ्यक्रम में सम्मिलित करने के सम्बन्ध में सरकारें ठोस फैसला नहीं ले सकी हैं। वास्तव में, वर्तमान समय राजनीति और राजनीतिज्ञ मूल्यों से भटकाव के दौर से गुजर रहे हैं जबकि शिक्षा का मानवीकरण करने के लिए लोकतांत्रिक मूल्यों के प्रति प्रतिबद्धता की आवश्यकता होती है।

### ज्ञानार्जन के बजाए धनार्जन

अगर भारत को विश्व-गुरु जैसे सर्वोच्च शिखर पर प्रतिष्ठित करना है तो मूल्य शिक्षा के बिना यह केवलदिवास्वप्न है क्योंकि कोई भी राष्ट्र केवल धन-दौलत और भौतिक संसाधनों के बल पर वैश्विक नेतृत्व नहीं कर सकता है। योग्य, चरित्रवान, कर्तव्यनिष्ठ और ईमानदार नागरिक ही किसी राष्ट्र के

महान बनने की पटकथा की पृष्ठभूमि की रचना करते हैं और केवल मूल्य शिक्षा ही इस प्रकार के नागरिकों को तैयार करने में सक्षम है। वर्तमान समय शिक्षा में भौतिकवादी दर्शन के तत्व की प्रधानता हो गई है। विद्यार्थी, अभिभावक और शिक्षक, तीनों ही ज्ञानार्जन के बजाय धनार्जन से अधिक प्रभावित हैं। यदि विद्यार्थी को नौकरी नहीं मिलती है तो वह अपने जीवन को व्यर्थ मानकर कुण्ठा और हताशा के सागर में डूब जाता है। यदि वर्तमान शिक्षा प्रणाली से युवा पीढ़ी की ऐसी फौज तैयार हो रही है तो यह बहुत बड़ी राष्ट्रीय क्षति है। यहाँ यह समझना और समझाना आवश्यक है कि नौकरी न मिलने से शिक्षा और जीवन व्यर्थ नहीं हो जाते हैं। जीवन में यदि धन कमाना आवश्यक ही है तो अन्य कई तरीके भी हैं लेकिन जीवन की सार्थकता धन कमाने से बहुत ऊँची है।

### क्या जीवन का उद्देश्य वस्तुओं का उत्पादन और विपणन मात्र है?

वर्तमान समय के पाठ्यक्रमों की प्राथमिकता देखकर तो यही लगता है कि यह संसार व्यापारिक केन्द्र है और मनुष्य उपभोक्ता से अधिक कुछ भी नहीं है और मनुष्य के जीवन का उद्देश्य वस्तुओं का उत्पादन और विपणन मात्र रह गया है। आधुनिक काल में बिजनेस-स्कूल को अच्छी निगाहों से देखा जाता है और जो बिजनेस - स्कूल वस्तुओं को बेचने वाले कुशल प्रबन्धकों को तैयार करता है, उसकी चर्चा चारों ओर होती है। लोग ऐसे स्कूल में प्रवेश के लिए लालायित रहते हैं तथा मुंहमांगी फीस देने में भी संकोच नहीं करते हैं। पुनः वही प्रश्न सोचने को मजबूर करता है कि क्या विद्यालयों की स्थापना मात्र वस्तुओं को खरीदने और बेचने की पढ़ाई करने के लिए है? फिर समाज को अच्छा बनाने वाले इंसान कहाँ से आएंगे? क्या मनुष्य का जीवन केवल धन-दौलत से सुखी हो सकेगा? आखिर हम मनुष्य के अन्दर श्रेष्ठ विचार, संस्कार और मूल्यों को जागृत करने के बारे में कब सोचना प्रारम्भ करेंगे? आज मनुष्य के जीवन में दुःख, चिन्ता, निराशा, हताशा की वृद्धि से संसार में हिंसा, आतंक, भ्रष्टाचार, अपराध बढ़ते जा रहे हैं। क्या यह संसार सुखमय जीवन के लिए सुरक्षित जगह रह गया है? यदि इसका उत्तर 'नहीं' है तो तुरन्त ऐसी शिक्षा की पहल करने की आवश्यकता है जो समाज के लिए चरित्रवान और ईमानदार नागरिक तैयार कर सके। केवल वही शिक्षा इस प्रयास में सफल हो सकती है जो विद्यार्थियों को आत्म-अनुभूति कराकर उन्हें जीवन के व्यापक उद्देश्य से जोड़े। साथ ही विद्यार्थियों को यह भी समझा सके कि एक बेईमान प्रबन्धक और प्रशासक की तुलना में एक चरित्रवान प्रबन्धक और प्रशासक समाज के लिए महत्वपूर्ण है। यह आत्मभाव विद्यार्थियों में जागृत करना बहुत ही आवश्यक है तब ही वर्तमान संसार की अवस्था और व्यवस्था का सुधार सम्भव है।

### जैसी शिक्षा, वैसा सामाजिक आचरण

हम जिस प्रकार के शैक्षिक दर्शन के आधार पर विद्यार्थियों को शिक्षित करते हैं, उसी प्रकार के कल के समाज के कर्णधार तैयार होते हैं। समाज में



फैले हिंसा, आतंक, भ्रष्टाचार आदि के लिए कोई दैवी सत्ता या समय दोषी नहीं है। सभी बुराइयों के लिए समय या व्यवस्था को दोषी ठहरा देना बहुत आसान होता है परन्तु समय की रचना कौन करता है? स्वयं मनुष्य या कोई ईश्वरीय सत्ता? अपने खाने-पीने, सोने, सोचने, रहने, करने इत्यादि क्रियाओं के लिए समय का निर्धारण मनुष्य स्वयं करता है। आवश्यकता उपर्युक्त क्रियाओं के चयन में बहुत महत्वपूर्ण भूमिका निभाती है परन्तु कोई अदृश्य सत्ता इसमें हस्तक्षेप नहीं करती है। यदि समय अपराध के लिए दोषी होता तो एक ही समय सर्वत्र एक समान ही अपराध होते परन्तु ऐसा नहीं है। वास्तव में समाज या संसार की अवस्था और व्यवस्था मनुष्य के संकल्प और कर्म से संचालित होती है। जिस देश में, जिस प्रकार के मूल्यों का शिक्षा व्यवस्था में समावेश होता है, उसी प्रकार का आचरण वहाँ के नागरिकों द्वारा किया जाता है। वर्तमान समय में इस विश्व में कई ऐसे देश हैं जहाँ हत्या जैसे अपराध होते ही नहीं हैं अथवा अत्यन्त नगण्य हैं। उदाहरण के तौर पर मॉरिशस देश में जब कटने जैसी छोटी-मोटी घटनाएं मात्र होती हैं।

### मानवीय कर्म और व्यवहार का व्यापारीकरण

जिन देशों में धन कमाने और वस्तुओं के संग्रह और उपभोग की प्रवृत्ति से शिक्षा प्रणाली का दर्शन प्रभावित है, प्रायः उन देशों में धन, अपराध की मुख्य केन्द्रीय प्रवृत्ति बन गया है। इन देशों में मनुष्य के कर्म, व्यवहार और क्रियाएं व्यापार में बदल गए हैं। ऐसे समाज में हानि और लाभ पहले तय कर लिये जाते हैं और बाद में उसके अनुसार ही मानवीय सम्बन्धों की रूपरेखा तय की जाती है। ऐसे समाज में सलाह देने तक की कीमत वसूली जाती है। इसलिए बच्चों के लिए पाठ्यक्रम बनाते समय मानवीय मूल्यों का समावेश करना बहुत ही आवश्यक है अन्यथा आने वाले समय में घर हमारे लिए इस धरती पर शान्ति और सुकून की अनुभूति का सबसे सुरक्षित स्थान नहीं रह जाएगा। परिवार केवल आवश्यकताओं को पूरा करने वाले विनिमय केन्द्र बनकर रह जाएंगे। मूल्यों के पतन के कारण, आने वाले समय में वृद्ध लोगों के लिए घर, सेवा की जगह नहीं रह जाएगी और वृद्धाश्रम में शरण लेने के लिए उन्हें बाध्य होना पड़ेगा क्योंकि हम बच्चों को धन कमाने की मशीन बनाने के लिए उन्हें बचपन से ऐसी ही शिक्षा दे रहे हैं। जब हमें सेवा के लिए बच्चों की आवश्यकता पड़ेगी तो सेवाभाव की कमी के कारण वे समयाभाव का रोना रोएंगे और स्वयं सेवा न करके वृद्धाश्रम का रास्ता दिखा देंगे।



### कोई भी जन्म से अपराधी नहीं होता

आखिर समाज की इस पतनशील व्यवस्था के लिए दोषी कौन? क्या बच्चे? बच्चों को दोषी नहीं ठहराया जा सकता है। कोई भी बालक जन्म से न तो अपराधी होता है और न ही वह किसी विशेष धर्म के अनुयायी के रूप में जन्म लेता है। इस संसार में उसे प्रदान की गई शिक्षा और उसके साथ किए गए प्रतिक्रियात्मक उग्र व्यवहार ही उसे अपराध की दुनिया की ओर धकेल देते हैं। जिस बच्चे के साथ यह समाज प्रेमपूर्ण व्यवहार करता है, तो यह मनोवैज्ञानिक रूप से पूर्णतः सत्य है कि वह अपराधी नहीं बन सकता है। इसी प्रकार माता-पिता द्वारा अपनाए गए धर्म की शिक्षा दिए जाने के कारण ही बालक उनके ही धर्म को स्वीकार कर लेता है। यह बात भी मनोवैज्ञानिक रूप से प्रमाणित हो चुकी है। यदि किसी बालक को जन्म के कुछ महीने बाद किसी दूसरे धर्म के व्यक्ति के पास रख दिया जाए और 18 वर्ष बाद उसे उसके माता-पिता के धर्म के बारे में बताया जाए तो वह स्वीकार नहीं करेगा।

### मात्र कानून से श्रेष्ठ नागरिकों का निर्माण सम्भव नहीं

जीवन में मूल्यों को धारण करने के लिए आत्मिक शान्ति एवं शक्ति की आवश्यकता होती है। परन्तु इस सृष्टि रंगमंच पर लम्बे समय से कर्म, विशेषकर नकारात्मक कर्म करने से मनुष्य की आत्मिक शक्ति अत्यन्त कमजोर हो गई है। इस शक्ति के अभाव में ही क्रोध की प्रवृत्ति उत्पन्न होती है। प्रेम और शान्ति आत्मा की शक्तियाँ हैं। इन शक्तियों से जीवन में मूल्यों को धारण करने की क्षमता उत्पन्न होती है और मनुष्य सत्कर्म करता है। यदि हम वास्तव में एक वर्गविहीन लोकतान्त्रिक समाज की रचना करना चाहते हैं तो मूल्य और अध्यात्म की शिक्षा अपरिहार्य है। कानून और दण्ड की, समाज की व्यवस्था को बनाए रखने और संचालित करने में भूमिका हो सकती है परन्तु मात्र कानून के द्वारा ही श्रेष्ठ नागरिकों का निर्माण नहीं किया जा सकता।

### मूल्य शिक्षा से सकारात्मक वातावरण का निर्माण जरूरी

ईश्वरीय ज्ञान के आधार पर, लोगों में व्याप्त अज्ञानता और देहअभिमान को परिवर्तन करके कालचक्र के नकारात्मक प्रवाह को सकारात्मक दिशा में मोड़कर, सतयुगी दुनिया की संकल्पना को साकार करना सम्भव है। यह वैज्ञानिक रूप से प्रमाणित तथ्य है कि यदि किसीस्थान की जनसंख्या के एक प्रतिशत लोग, किसी एक ही प्रकार के संकल्प में स्थित होते हैं तो उससे उत्पन्न प्रकम्पनों के शक्तिशाली प्रभाव से अन्य लोगों के विचार और व्यवहार में भी परिवर्तन आने लगता है। जब सत्कर्म करने वाले व्यक्ति एक ही स्थान पर, एक सतयुगी समाज की नवरचना का संकल्प करते हैं तो वायुमण्डल में पवित्रता के प्रकम्पनों का प्रवाह शक्तिशाली होने लगता है। मनुष्य और प्रकृति के तत्वों के गुण-धर्म बदलने लगते हैं।

मनुष्य का मन अत्यन्त संवेदनशील होता है और वह वातावरण से अत्यन्त सक्रिय रूप से प्रभावित होता है इसलिए यदि हम वास्तव में विद्यालयों के वातावरण को सकारात्मक बनाकर योग्य और चरित्रवान नागरिकों का निर्माण करना चाहते हैं तो इसका एकमात्र साधन है पाठ्यक्रम में मूल्य शिक्षा को लागू करना। यही समय की पुकार है और वर्तमान समाज की सर्व समस्याओं का समाधान भी है।



## Report of 38th All India Children's Personality Development Camp *Shantivan, Abu Road, Rajasthan*

**T**he 38<sup>th</sup> All India Children's Personality Development Camp was inaugurated with candle lighting ceremony by the guests and speakers in the Conference Hall of Shantivan Campus of the Brahma Kumaris, Abu Road, Rajasthan at 6.00 p.m. with the presence of 1,000 invitees including children, teachers and parents from different parts of India, **as reported by Dr. B.K. Yudhisthir**, Associate Editor, *The World Renewal Magazine* & Executive Member, Education Wing, Shantivan.

Participating in the *Inaugural Session* as the Chairperson, **B.K. Nirwair**, the Secretary General of the Brahma Kumaris, addressed the children and said, "The best of the children are shown to be the child Krishna and child Radha. Every father and mother expect their children to be like the child Krishna and child Radha. They had divine qualities and virtues in their character and behavior. So, you children should think to be like them by imbibing the spiritual knowledge and Rajayoga education." **B.K. Shiela**, Head Quarter Coordinator, Education Wing, Mount Abu, welcomed all the guests, speakers and the audience, and said, "The development of children through inculcation of values is the need of the hour. In this camp, their intellectual development will also be made through various programmes and competitions. Brahma Baba, the founding father of this organization, had also great love for the children. Now, you children should show the father through your good behaviors and actions." Highlighting the objectives of the camp, **Dr. B.K. Harish Shukla**, National Co-ordinator, Education Wing, Mount Abu, said, "The future of the country lies in the hands of the present children. You will be the future citizens of the country. You are responsible for the uplift of the character of the country and the world. You will learn and inculcate the teachings of this spiritual university and also get self-realization by experiencing the power of meditation, and try to be like gods and goddesses."

**B.K. Karuna**, Multi-media Chief of the Brahma

Kumaris, while offering his good wishes, said, "Here, the Brahma Kumaris Organization (BKO) is both a school and home for you. Everything is taught here through games and sports. In other educational institutions, children aim at becoming doctors, lawyers and engineers. But, here you have the noble aim of becoming deities like Radha and Krishna through this spiritual study." **B.K. Bharat**, Chief Engineer of the Brahma Kumaris said, "You have come here to God's home. The teachings imparted here are for the forthcoming 21 births. In the very early period of your life, you are luckiest to get this spiritual knowledge, which will greatly help you in your future. Continue this *alaukik* study with your *laukik* study, and have the aim of becoming deities by inculcating the divine virtues." **Rajyogini B.K. Prabha**, Zonal Coordinator, Education Wing, Gujarat said, "Brahma Baba used to say that children are like great souls (*Mahatma*), who are pure and honest. You children are truthful in your minds and are the apple of all eyes. By inculcating truth and divine qualities, you can fulfill all hopes of the God Father." Initially, the guests and speakers were welcomed by Brahma Kumaris sisters with bouquets and badges, welcome song by **Madhjurvani Group** and welcome dance by **Kumari Shatakshi** from Indore. **B.K. Ved Guliani**, Executive Member, Education Wing, Hisar, at last offered vote of thanks to all guests, speakers and the whole gathering. **Sister B.K. Ravikala**, Executive Member, Education Wing, Mount Abu, co-ordinated the stage activities very effectively and successfully with her choicest and touching words, phrases and sentences.

### Briefings On Enlightening Topics

**Sister B.K. Savitri**, highlighting on the topic *Personality Development through Values*, said, "The knowledge of values and spirituality should be imparted to the students at the school level in order to develop their personality. At the early period, their mind is just like clay that can take any mould if the teachers and parents take

utmost care of them with practical examples.” **B.K. Ved Guliani**, Executive Member, Education Wing, Hisar, delivered an inspiring speech on the topic *Freedom from the Fear of Examination*, and gave a very good suggestion, saying, “Whenever you cannot remember any point in the examination, remember heartily the incorporeal point-of-light God Father, who will remind you the points of knowledge to help you write in the examination.” **Sister B.K. Vidya**, Dietician, Shivmani Home, highlighting on the topic *Nutritious Food – Foundation of Healthy Life*, said, “Food has deep relationship with our life. Food has five types such as energy giving food, body building food, protective food, water and fibre. The balanced diet is indispensable for health of the body and mind.” **Sister B.K. Shielu**, Head Quarter Coordinator, Education Wing, Mount Abu, briefly described about various Senior Sisters (*Dadis*) and Senior Brothers (*Dadas*), who supported and strengthened the Brahma Kumaris Organization by their contributions in its initial phases. She also described their special qualities, which have become their forte and left remarkable impression on their dignified and divine personality and also made them still unforgettable.”

**Sister B.K. Urmila**, Associate Editor, Hindi *Gyanmit* Magazine, threw light on the topic *How to Enhance the Power of Thought*, and said, “Thought is the seed. Just as the tree is born out of the seed, in the same way our life is what our thoughts make it. In order to make our thought strong and powerful, we have to repeat, revise and work upon thought practically and consecutively. She cited examples of many personalities, who have changed their life on the basis of their qualitative and elevated thoughts.” **B.K. Surya**, an Orator on Meditation & Spirituality, Mount Abu, highlighting on the topic *Solutions to the Problems of the Student Life*, described how to solve the three basic problems of students such as Examination Fear, Lack of Concentration and Danger of Anger. He told the causes of these problems and how to address them effectively and successfully with various examples. He emphasizes upon keeping one's self-respect and staunch faith in God for coming out of these problems.” **B.K. Raju**, an Orator on Meditation & Spirituality, Mount Abu, discussing on the topic *Importance of Murli*, said, “There is a difference between the flute (*Murli*) of corporeal Krishna and the *Gyan Murli* of Incorporeal God Father Shiva. Krishna played magic on the cows with his flute whereas God Father Shiva changed the life of so many souls with His *Gyan Murli*, and thereby changed them from their human stage to the deity stage. God Father Shiva's *Gyan Murli* is instrumental in His noble task of transformation of the souls and world-transformation.” He also appealed all to read *Gyan Murli* daily and take the benefits out of it in leading value-based personal and socio-spiritual life.

**B.K. Mruthyunjaya**, Executive Secretary, the Brahma Kumaris, Mount Abu, detailed about the 80th Anniversary Celebration of the Brahma Kumaris Institution, and said how the Institution started as a tiny sapling as “*Om Mandali*” in its initial period and passed through many ordeals in the course of time. At present, it has

now developed into a big Banyan Tree and giving shelter to many souls from the scorching heat of sins and vices, thereby transforming them to lead a value-and-spirituality-based life with peace and happiness even in this vicious *Kaliyuga*. He briefed the events, activities and functions of the Institution in its long history of 80 years. **B.K. Harish Shukla**, National Co-ordinator, Education Wing, highlighting on the topic *Importance of B.K Life*, said, “The B.K. student life is the best life. In the worldly education, the students later become doctors, lawyers, engineers, etc. whereas in B.K. spiritual student life, the B.Ks. become deities like Shree Lakshmi and Shree Narayan, and they will continue to lead a life of peace, purity and prosperity for 21 births after as a result of the spiritual study in the single Brahmin birth of the Age of Transition (*Sangam Yuga*).” **B.K. Shivika**, Executive Member, Education Wing, Shantivan, deliberated upon the topic *Seven Billion Acts of Goodness*, and said how this International Project has brought about significant changes in the life of people in a very short span of time. She appealed all to take part in this project and try to change their personal life as well as the life of their friends, family and society as a whole. She emphasized that every act counts, just as every single little drop of water mingle together to make an ocean.

In a *Panel Discussion* on the topic on *Your Questions, Our Answers*, **B.K. Atam Prakash**, **B.K. Ramnath**, **B.K. Bharat**, **B.K. Ravikala** and **B.K. Sushila** answered satisfactorily the various questions of the children relating to their personal and educational life. **Sister B.K. Anu**, gave a presentation on the topic *Healthy Life through Environmental Awareness*, and highlighted about the importance and impact of the environment on human life. She emphasized on the relationship of man with Nature and God. Instead of blindly exploiting Nature for his greed, man should preserve and conserve it for his own benefit, wellbeing and sustenance, otherwise Nature will destroy him in the form natural calamities. She appealed to plant trees and explained how to take care of Nature and environment for man's own sake.

### Valedictory & Award Distribution Session

In the *Valedictory Session*, **Dr. B.K. R.P. Gupta** welcomed all the guests on the dais and the gathering in the Conference Hall, and appealed the children to be the ideal example of what they learnt here. He also impressed upon them to plant trees, thereby fulfilling the mission of planting 80 lakh trees in the country. **Dr. B.K. Harish Shukla**, National Co-ordinator, Education Wing, said, “Success is achieved with the blessings of the elders. With God's blessings, this 38th All India Children Personality Development Camp, which is instrumental in inculcating values and spirituality in the children hailing from all over the country, will inspire them to be the role models for others. God Father Shiva has filled the mental coffers of the children with spiritual love and vigour.” **B.K. Bhupal**, Manager, Shantivan, said, “The children have made Shantivan very colorful and enhanced its charm and beauty. God Father is taking all care of you including your physical needs by

providing various kinds of foods and your mental spiritual needs by providing knowledge and Rajyoga. You are the chosen souls amongst the crores of people.” He also blessed them to live longer and remain happy. **B.K. Mruthyunjaya**, Vice Chairperson, Education Wing, said, “The foundation of personality development is knowledge. The purity of the children should remain intact. For this, Shantivan has become the place of inspiration. God Father has given the blessing for maintenance of purity. Practice of Rajayoga taught here also helps in personality development and in inculcation of divine virtues. Here, Dadis and senior Sisters and Brothers are also helping you in development of your inner powers through their inspiration and co-operation. You are getting here new thoughts and visions for your bright future.” He also thanked the parents and teachers, who accompanied the children. **B.K. Munni**, General Manager, Shantivan, offered her words of blessings to the children, saying, “You have the right to come to Baba's home. I am very delighted to find you here and take care of your physical and mental needs. I wish that you will go to local Brahma Kumaris Centres and attend spiritual classes, and maintain a balance between your worldly and spiritual studies, and be the example for others by inculcating divine virtues and giving up the evil tendencies like fighting, speaking lies, stealing, etc.” **Dr. B.K. Harindra**, Executive Member, Education Wing, Varanasi, offered vote of thanks to the guests, audience and all the staffs of the various departments. **Dr. B.K. Mamta**, Executive Member, Education Wing, Ahmedabad, co-ordinated the stage activities very effectively and successfully. Some students shared their beautiful and inspiring personal experiences of what they achieved during the various personality programmes in a span of their seven day stay here.

At last, the winners of the **Divine Group** were distributed prizes/awards on different competitions such as: (i). Extempore Speech Competition, (ii). Creative Poem Writing Competition, (iii). Quiz Competition, (iv). Value-based Creative Commentary Competition, (v). Mimicry Competition, (vi). Value-based Story Writing Competition, (vii). 100 Metre Race, (viii). Long Jump Competition, (ix). Three-legged Race, (x) *Yogasana* Competition.

The winners of the **Angel Group** were distributed awards on different competitions such as: (i). Extempore Creative Drawing Competition, (ii). Waste to Best Competition, (iii). Collage Work Competition, (iv). Mono-Acting Competition, (v). Chorus (Group) Song Competition, (vi). Extempore Creative Drawing Competition, (vii). 100 Metre Race, (viii). Long Jump Competition, (ix). Sack Race Competition, (x). Music Chair Competition, (xi). Lemon-Spoon Race, (xii). *Yogasana* Competition.

► **Dr. B.K. Yudhisthir**  
Shantivan



## राजयोगिनी दादी प्रकाशमणि जी की 10वीं पुण्य स्मृति दिवस पर कविता

आज बार-बार हमें दादी की याद आई कितनी।  
बाबा याद आये जितना, याद आई दादी उतनी।  
इतने प्यार से ब्राह्मण परिवार को था सम्भाला।  
हम सब आत्माओं में भरा था ज्ञान का उजाला।  
दादी से प्यार की दृष्टि पाकर, धन्य हुए थे हम।  
उनके संग की याद से ही भूल चुके सारे गम।  
हुई जिंदगी खुशहाल पाकर दादी से पालना।  
अब ठाना हमने खुद को, श्रीमत पर है ढालना।  
खुश होती थी दादी पवित्र कुमारों को देखकर।  
बनेंगे सम्पूर्ण पावन, बाबा का कहना मानकर।  
आज बाबा संग दादी की याद आई अनायास।  
किया आज दादी के लिए, वाणी का उपवास।  
जो आस लगाई दादी ने, हम करेंगे जरूर पूरी।  
भूलकर मतभेद हम मिटायेगे, एक दूजे से दूरी।  
प्यार बाँटेंगे एक दूज को, किया आज ये इरादा।  
आत्मिक दृष्टि बनाये रखेंगे, किया खुद से वायदा।



► **ब्र.कु. मुकेश मोदी**  
बीकानेर



Prof. BK Ved Guliani  
Hisar, Haryana

# Happiness is Nothing but Attitude to Life

People are irresponsible, they are stubborn and miserly, many are careless about everything. But quite a few are loving, caring, responsive and gentle. Why such a contrastive variation? Man's approach and attitude towards life is often determined by the socio-cultural atmosphere during his/ her childhood. No doubt one's education and later-life experiences add to one's response-mechanism, yet the broader cast is formed in that formative period of life.

Often people try to change their life-style with the hope that their attitude towards persons and things will display the desired results. But this turns out to be illusory since if one changes his dress and starts wearing a particular colour, say white, or he turns his food likings from non-vegetarian to pure vegetarian, where even the onion and garlic are also barred, would that thoroughly change his thinking habits and social behavior?

Similarly a person may have millions of rupees and unlimited stock of luxuries of life. Would these possessions change his thinking? Would he automatically become generous? Experience is often otherwise. Most rich people are often found to be miserly. Moreover one may have luxuries and comforts and yet he may be tense or even depressed for one reason or the other.

More important is not what you have or don't have but it is your attitude towards all those possessions. If you feel contented with those possessions, irrespective of their quantum, you are sure to be relaxed and happy. The more you focus on 'what you do not have' the more unhappy and tense you are likely to be. It is an established fact of human conduct that 'selfishness', in whichever form and at whatever level, generates unhappiness. If one is all the time worried about his personal goals and gains without even a thought to one's social duty and can even dilute ethical and moral norms for their attainment, he is bound to be at the receiving end in the long run. People often have grouse and grudge with people whom they love. Surprising, isn't it? But it is true because one has expectations and demands from the loved ones, which sooner or later turn into complaints and conflicts. But we need to seriously analyze the situation and find out whether it is love at all. It may be some attachment or even selfishness but it cannot be termed 'love'. Love which hopes to gain benefits and satisfy one's desires is likely to lead to tensions and may finally break up the relations.

One must develop an attitude of regard towards others, irrespective of their age or religion. This will earn you the love and respect of others. Love should not be a burden to be carried unwillingly. It should rather allow one to relax and enjoy the different situations of life. We rarely seem to realize that this world of ours is temporary and so are the relations. You never know when life or relations may slip from your grasp. Why then should one not be good and gain happiness so long as the life and relations keep going?



# 38वाँ अखिल भारतीय बाल व्यक्तित्व विकास शिविर की झलकियां



# विभिन्न स्थानों पर हुई शिक्षा प्रभाग की सेवाओं की झलकियां



भिलाई (छत्तीसगढ़)।



विशाखापट्टनम (आंध्र)।



तमघास (नेपाल)।



आवू रोड (राजस्थान)।



कोच्चि (केरल)।



ओरलांडो (अमेरिका)।



हरि नगर (दिल्ली)।



हरि नगर (दिल्ली)।



**1. ज्ञान सरोवर (आवू पर्वत)।** बाबा साहेब अम्बेडकर खुला विश्वविद्यालय, अहमदाबाद और ब्रह्माकुमारीज एज्यूकेशन विंग के बीच एम.ओ.यू. पर हस्ताक्षर करते हुए संस्था की मुख्य प्रशासिका दादी जानकी जी, कुलपति, प्रो. पंकज एल. जानी तथा ब्र.कु. मृत्युंजय। साथ हैं ब्र.कु. निर्वैर, डॉ. ब्र.कु. पांड्यामणि, डॉ. ब्र.कु. हरीश शुक्ल। **2. सत्तूर (तमिलनाडु)।** श्री एस.आर.एन.एम. कॉलेज, सत्तूर, तमिलनाडु के साथ मूल्य शिक्षा एवं आध्यात्मिकता पाठ्यक्रम के एम.ओ.यू. पर हस्ताक्षर करते हुए डॉ. टी.आर. दिनाकरन, सचिव। साथ हैं डॉ. एस. गणेशराम, प्रिंसीपल, डॉ. ब्र.कु. पांड्यामणि, ब्र.कु. सेलवी तथा अन्य। **3. ज्ञान सरोवर (आवू पर्वत)।** राय विश्वविद्यालय, अहमदाबाद के साथ एम.ओ.यू. पर हस्ताक्षर करने के पश्चात् डॉ. कार्तिक जैन, प्रोवोस्ट तथा ब्र.कु. मृत्युंजय।

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**To,**

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