

Be a jewel of contentment, stay content and make everyone content.

Beloved Avyakt BapDada's dearly beloved instrument teachers, all alokik brothers and sisters, ones who always sit on the seat of self-respect with stability and make everyone content and stays content, always free from obstacles, servers who are destroyers of obstacles, the jewels of contentment from this land and abroad, who are the decoration of the Brahmin clan, ones who are the light of Baba's eyes, please accept Godly love-filled sweet remembrance.

From time to time, BapDada has spoken about the specialities of the true servers: A server is one who always remains content in service and effort for the self, and whoever such a soul becomes an instrument for, he makes them content too. Baba says: A Brahmin means one who is sensible, and no matter how discontent someone may try to make him, he will never become discontent. The seed of inner happiness is all attainments and it is remembered for Brahmins: "Nothing is lacking in the treasure-store or life of Brahmins", so then why would there be discontentment? So, always remain content in your mind, in your heart, with everyone, with the Father and with the drama and continue to spread the wave of happiness. Even if the biggest situation of all comes in front of you, even if a soul continues to come in front of you to settle your karmic accounts, even if the suffering of karma through the body comes in front of you, stay beyond any limited desires and always remain happy in your heart. Let the waves of contentment be visible on your face. If any service makes you discontent, that service is not service. Service means that which gives you nourishing fruit. If there is discontentment in service, then let go of that service, but never let go of your contentment. Always stay beyond any limited desires and remain full and you will become equal, because the inner inheritance of Brahmin life is to be an embodiment of happiness and an embodiment of peace and contentment in the mind. However, you will only be able to experience this when there is no trace of any impurity in your mind. To keep yourself content with external facilities or through service is to deceive yourself. So, check this and claim three certificates in order to pass the final exams: to be content with the self, content with BapDada and content with whoever you come into connection and relationship with in the family. If you claim these three certificates, you will always experience yourself to be flying in the viman (plane) of blessings from the Father and from everyone else. Such souls will not ask for blessings, but blessings will automatically come to them. So, tell me, my sweet brothers and sisters, you are experiencing yourself to be full with everyone's blessings, are you not?

At present, the weather in Madhuban, our unlimited home, is very beautiful, and thousands of Baba's children from this land and abroad are all coming running to experience the alokik part of the avyakt meeting and to fill themselves with all powers. The powerful vibrations of BapDada's land of incarnation, the atmosphere of yoga and tapasya, and the classes of the many experienced Maharathis are all making everyone full. All of you must also be making preparations to come to Madhuban in your turn. Achcha. Lots of love and remembrance to all.

In Godly service,

B.K. Ratanmohini

Avyakt Signals – December 2024

Be a jewel of contentment, always remain content and make everyone content.

1. BapDada wants you children, throughout this year, whenever you meet anyone to give them the co-operation of contentment. You remain content yourself and make others content. The self-respect for this season is to be a jewel of contentment. Therefore, always remain stable on the seat of self-respect of always remaining content and making others content.
2. At the present time, there is a lot of tension and distress, and because of this, discontentment is increasing. At such a time, all of you jewels of contentment with the light of your contentment also need to make others content. First of all, remain content with yourself, then remain content with service and then with your relationships, for only then will you be called a jewel of contentment.
3. BapDada tells you children to be constant servers. However, if you are disturbed by something called service and you are also disturbing others, it is better not to do that type of service, because the special virtue of service is contentment. Where there isn't contentment either with yourself or with those in connection with you, then that service will not enable you or others to receive the fruit. Instead, it is better to first of all make yourself into a jewel of contentment and then do service. Otherwise, the subtle burden increases and that burden becomes an obstacle to the flying stage.
4. To remain constantly free from obstacles, to be a constant destroyer of obstacles, always to remain content and to make others content: this is the certificate that servers must always continue to receive. To claim this certificate means to be seated on the heart-throne. Have the aim of always remaining content and making others content.
5. Any soul who has the experience of all attainments would always be content. The sign of being happy would always be visible on their face. When servers are content with themselves and service, there is automatically zeal and enthusiasm for service and co-operation. Then you don't have to say anything or have it said by anyone else, because contentment easily brings about zeal and enthusiasm. The special aim of servers should be to remain content and make others content.
6. The more you experience yourself to be full of all attainments, the more content you will remain. If there is the slightest feeling of anything lacking, then that lack will make you discontent. Although this is not your kingdom and you therefore have to make a little effort, problems here have become like a game. When you have courage, you receive co-operation at the right time. Therefore, along with your contentment, give all souls the co-operation of contentment through your elevated stage.
7. The One who is making everyone act is making everything happen through you: You are just an instrument carrying out the task. To maintain this awareness is the speciality of a server. By doing this, you will always remain content in service and in your own efforts, and those for whom you become instruments will also have contentment. Always to remain content and keep others content is a speciality.
8. Brahmins means those who are sensible. They always remain content with themselves and also keep others happy. If you become discontent because others make you that, then you cannot experience the happiness of the confluence-aged Brahmin life. To become the form of a Shakti and take yourself away from the atmosphere of others means to keep yourself safe. This is the method to attain this aim.
9. Those who do service from their heart also stay in remembrance. They have to make less effort and yet they experience contentment to a greater extent. Those who don't have remembrance with love in their heart, who simply remember Baba on the basis of knowledge and do service with their head have to make greater effort and they have less contentment. Even if they do have success, there will be little contentment in their heart. They would always keep thinking: "It is better if this happens, yet, yet..." They will continue to say this, whereas those who do everything from their heart will constantly keep singing songs of contentment.
10. Contentment is a sign of satisfaction. If you are a dissatisfied soul, whether in terms of hunger of the body, or hunger of the mind, then, no matter how much you receive, you will always remain dissatisfied. Royal souls always remain full with even a little. Where there is fullness, there is contentment.

11. Any service that makes you discontent is not service. Service means something that gives you nourishing fruit. If there is discontentment in service, then leave that service, but never let go of your contentment. Always remain beyond any limited desires and always remain full and you will become equal.
12. The special blessing of the confluence age is contentment. The seed of this contentment is of all attainments. The seed of discontentment is a lack of physical or subtle attainment. The praise of you Brahmins is: Nothing is lacking in the treasure-store of you Brahmins or in the life of you Brahmins. So then, why is there discontentment? Since the treasure-store of the Bestower of Blessings is overflowing, and there is such great attainment, why is there discontentment?
13. Those who are jewels of contentment are always content in their mind, in their heart, with everyone, with the Father and with the drama. Waves of happiness would always be visible through their mind and their body. If adverse situations come, if a soul who has to settle his karmic accounts with them comes in front of them to oppose them, if the suffering of karma through their body comes in front of them, such a soul, who is free from limited desires because of their contentment, would always be visible as a sparkling star of happiness.
14. Contented souls would always experience everyone to be altruistic and innocent (free from blame). They would never blame anyone for anything; they wouldn't blame the Bestower of Fortune, nor the drama or any person, nor the karmic account of their body, thinking: "My body is like that anyway." They would always have an altruistic and innocent attitude and vision.
15. The speciality of the confluence age is contentment. This is the special attainment of Brahmin life. If there isn't contentment and happiness, there is no benefit in being a Brahmin. Therefore, remain content and make everyone content. There is real happiness and real service in this.
16. Inculcate the virtue of contentment and remain free from the spinning of the limited mine and yours. Contentment always makes you free from sinful thoughts, and gives you a right to the seat of being victorious and stable. Jewels of contentment are always seated on BapDada's heart-throne, have the tilak of easy remembrance, and are wearing the crown of the service of world transformation, and with this they remain stable in their complete form. This contentment is the donation of life in Brahmin life.
17. The natural inheritance of Brahmin life is to be a constant embodiment of happiness, an embodiment of peace and contentment of the mind. In order to experience this, there has to be purity in the mind. To keep yourself happy and content with external facilities or through service is self-deception.
18. No matter how much someone tries to make your contentment fluctuate, you mustn't fluctuate. Always remain content. Let your face always be smiling. Any situation that might seem to make you fluctuate should be experienced to be as if you are watching a puppet show. This is also a show of Maya and the elements. Watch it whilst being in the stage of a detached observer and as an embodiment of contentment, whilst in your dignity of a jewel of contentment and a contented soul. This is the elevated dignity of the confluence age.
19. Every child has to claim three certificates in this final study. 1. To be content with the self. 2. To claim the certificate of contentment from BapDada. 3. A certificate of contentment from those who come into connection and relationship with you. However many are content in the Brahmin family, that many devotees will worship you with contentment. They will not do it just for the sake of it, but from their heart.
20. In the Brahmin family, however many Brahmins have love, regard and respect for you and are content with you from their heart, to that extent you will become worthy of worship. They have love and regard for the one they consider worthy of worship. They themselves are content and others are also content. If those who try to make others discontent try to make you discontent, then just imbibe coolness. They try to make you discontent and you just sprinkle the water of contentment; they may start a fire, you just sprinkle water.
21. Always remain obedient and you will receive blessings from everyone. With the impact of those blessings, your heart and mind will always remain content. Let it not be external contentment, but contentment of the mind. When the contentment of the mind is real, when you are obedient and you receive blessings, you and others will always remain double-light. Your faces will always be happy-

hearted. To be happy-hearted means to be beyond all questions. All questions of “Why? What? How?” finish.

22. Contentment means that your heart and head are always at rest. They are always in a state of happiness and comfort. Contentment enables you to receive blessings from the Father and others. A contented soul will from time to time experience the self to be flying in the vehicle of blessings from the Father and everyone else. Such a soul will not ask for blessings, but blessings will automatically appear for that one. Become such a jewel of contentment, that is, become a tapaswi, an embodiment of success.
23. The easiest method to remain constant is always to keep some special attainment in front of you. Look at your attainments to see what you have received from the Father and how much you have received from Him. How many treasures of knowledge have you attained? How many powers and divine virtues have you attained through yoga? How many practical attainments do you have staying in intoxication and happiness? Remain content by sometimes keeping one attainment in front of you and sometimes another.
24. Whatever the situation, let the situation change, but do not allow your stage to change. Let your stage be always full of treasures and always content, and the situations will come and also go away. What power do the situations have that they can take away your contentment? You may observe the games of the situations, but do so as a detached observer whilst seated on the seat of contentment.
25. The confluence age is the age of contentment. Therefore, remain content and make everyone content. Let there not be any conflict amongst yourselves, because the garland is created through relationships. If one bead is not in connection with the next, then the garland cannot be prepared. You are the beads of the garland, and so you must therefore always remain content in your relationships and connections and make others content. All of you are part of a family, and a family means to remain content and make others content.
26. The sign of elevated actions is for the self to remain content and for others to remain content. It should not be: “I am content, regardless of whether others are content or not.” Those with a yogi life definitely influence others. If someone is discontent with the self, or if others are discontent with someone, then understand that there is something lacking in being yogyukt.
27. To be an angel means to remain content and make others content. No matter what happens, even if someone insults you, if someone tries to make you fluctuate, remain content in everything. You are bestowers, children of the Bestower, and so you cannot be discontent in any situation.
28. Contentment is the special qualification of Brahmins. Remain content with the self and also with others. To remain content with the part you have received is to move forward. No matter how big a paper comes in front of you, remain content and make others content. By remaining stable in your eternal form, you will be content with yourself and you will continue to give others the experience of the speciality of contentment.
29. At this confluence age, the special gift from BapDada is contentment. The one speciality of contentment easily brings all other specialities close to you, so always remain content. No matter how much the situations change, no situation can change your stage of contentment. Situations – external situations – are always going to change, but the stage of contentment of the self is one that always makes you progress.
30. Tapasya means the personality of contentment is visible in your eyes, in your features, on your face and in your behaviour. To be a jewel of contentment means to be a flawless jewel. A contented soul will always experience the self to be happy and content and others will also be happy. So, become a contented soul with the real experience of that.
31. Now, become a master creator and with your good wishes and by being a well-wisher, make beggars content by fulfilling their needs. Now become a great donor and a bestower of blessings and only then will you be able to make everyone content. Those who are images of blessings will be that practically and become bestowers who give to others. Pay special attention to always staying content with yourself and with others and only then will you become the special deity loved by all and become part of the eight.