

Madhuban Newsletter – July 2024

Become a master ocean of love and have mercy on those who defame you.

Beloved Avyakt BapDada's dearly beloved well-wishers of everyone, those who always have benevolent feelings and have mercy on every soul, who are full with good wishes and pure feelings, instrument teachers and all brothers and sisters from this land and abroad, who are the decoration of the Brahmin clan, please accept Godly love-filled sweet remembrance.

In the month of June, being a karma yogi like our sweet mother Jagadamba, being merged in the experience of the avyakt sustenance of the Mother and Father, all of you must have very good experiences. These words of sweet Mama constantly echo in our ears: Every moment is the final moment, and the Master who is giving directions is making all of us move. Mama was always obedient, faithful and seated on BapDada's heart-throne. Then, there is our Didi Manmohiniji, who placed her steps in his footsteps, following the Godly disciplines and codes of conduct with great determination and inspiring others, making them powerful. After BapDada became avyakt, the partnership of Didi and Dadi gave a wonderful example of unity. She always maintained her self-respect, gave respect to everyone and made the whole gathering united, and with everyone's co-operation, brought about splendour of service in the whole world. All of us are experiencing that. Now, all of we Brahmin children have to give a return of her divine, alokik sustenance, create a constant, stable and immovable stage and accomplish the remaining task of establishment. For this, BapDada has given us children the signal: Children, now renounce your time, happiness and the desire for name, respect, honour and attainments and become great donors. Constantly keep your mind clean and have mercy on those who defame you. Never have any waste thoughts in your mind for yourself or for other souls. Transform arrogance into self-esteem, defamation into mercy and become constantly victorious, the same as the Father. Do not let sanskars of sorrow emerge even in your thoughts.

Now, you have to keep the aim that any soul who comes into contact with you goes away having become full with the treasure of happiness. Do not have the desire to give something to another soul only after receiving something from that one. Do not even have the thought: "If this one does this, then I will do this. If this one changes, then I will change..." With the co-operation of our feeling of upliftment, our love, powers, sweet words and zeal and enthusiasm, we have to make those who are disheartened powerful. At present, this service is needed. Tell me, my sweetest brothers and sisters, you will always have this aim and, having good wishes for all, you will also have the feeling to uplift everyone, will you not?

In all the places of Madhuban, many programmes of service continue to take place. In the unlimited Diamond Hall of Shantivan, yoga bhatthis are taking place. Yoga bhatthis and yoga camps are taking place in Mansarovar and Anand Sarovar. Seminars of all the different Wings are taking place in Gyan Sarovar. Baba's new and old children come with a lot of zeal and enthusiasm and are being refreshed very well. In the months of July and August, when it is the rainy season everywhere in Bharat, all service centres have yoga tapasya programmes with which the atmosphere always remains free from obstacles and powerful. Achcha.

Lots of love-filled remembrance to all.

In Godly service.

B.K. Ratanmohini

Avyakt Signals – July 2024

Be full with the feeling of uplifting others and have mercy on those who defame you.

1. BapDada co-operates with you children in every task and He will continue to do so until the end. Baba doesn't dislike anyone. He always has positive thoughts for even those who defame Him. Therefore, follow the Father. Constantly have pure motives and positive feelings for every soul. Instead of wondering why someone did something, think about how you can benefit every soul. Then you will be called a world benefactor soul who has positive thoughts for everyone.
2. Even if someone insults you or accuses you falsely, do not get angry. It is the duty of you Brahmins to uplift those who defame you. When they insult you, embrace them. This is the wonder. This is called transformation. To embrace those who embrace you is not a big thing. However, when you consider someone who defames you to be your true friend, you will be known as one who uplifts others.
3. You can sustain any soul with your benevolent attitude and feelings. No matter how much a soul defames you, you can make that soul into one who uplifts others with the sustenance you give him. No matter how impure a soul may be, you can purify that soul with your attitude of being a purifier. A mother never looks at the weaknesses or defects of her children. She always has the feeling of putting them right. Similarly, stabilise in your form of a sustainer for others and you will be able to continue to make accurate progress.
4. It isn't being brave or courageous to make contented souls content, or to give love to lovable souls, or to co-operate with those who are co-operative. You are called brave when you use your power of co-operation to make unco-operative souls co-operate with you. Do not put aside weak ones because you consider them to be weak, but give them strength and make them strong. Enable weak souls to take a high jump. Then you would be called a brave one who uplifts others.
5. To have pure feelings for those who have pure feelings for you, and uplift those who are already uplifted, is not a big thing. However, when someone repeatedly tries to make you fall down or tries to make your mind fluctuate, you have to maintain unshakeable and immovable pure feelings and thoughts for that soul. Do not allow your feelings for a soul to change because of the situation. When someone defames you, transform that defamation within a second into upliftment. This would be called a wonder.
6. An enlightened soul is constantly an ocean of love for every soul. Such a soul has nothing but love. He would only treat with love anyone who comes to him. Nowadays, the need for love is greater than the need for wealth. With the power of love, you can change an enemy into a friend. You can even uplift those who defame you.
7. In order to serve with your mind, constantly have elevated and altruistic thoughts for everyone. Always have the motivation of uplifting everyone. Always maintain your elevated power of uplifting those who defame you. Always feel that you are a bestower. Transform yourself by always keeping your actions elevated and thus inspire others to perform elevated actions.
8. No matter what type of souls come into contact with you, whether they are satoguni or tamoguni, always have pure thoughts for everyone. Always uplift even those who defame you. Never have a vision of dislike for any soul, because you know that that soul is influenced because of not having this knowledge. You know that that soul has no understanding. One would never dislike a child who acts without understanding. Instead, there would be feelings of mercy and love for that child.
9. When souls, because of their nature or sanskars come to test you, then in a second, with the awareness of the One use your elevated sanskars - use the sanskars and nature that you have imbibed of being merciful for such souls. This is what it means to uplift them.
10. When anyone with body-conscious vision comes to you, transform his vision into soul-conscious vision within a second. When anyone comes intending to make you fall or influence you with their company, then on the basis of your constantly elevated company, remove that influence from them and make them into those who keep elevated company and make them into those who give their elevated company. This is having a feeling of mercy and uplifting them.

11. The Father is praised because of His special virtue of being merciful. When you see images of the Father, either in this land or abroad, He is portrayed as the Merciful One. Therefore, all of you are merciful masters. Therefore, become merciful and uplift everyone.
12. To consider a mistake made by someone in your gathering to be your mistake means to strengthen the gathering. You can do this when you have faith in one another. For this you definitely need the power to accommodate. When you totally accommodate whatever you see or hear, when your vision is of soul consciousness and benevolence, when your feelings are of mercy for one another, then your gathering will be made powerful. And, with such a gathering, there will be success. At present, you ask for success, but at that time success will bow down to you.
13. You mustn't dislike or hate even very sinful souls who cause a lot of defamation or who are like storks. Do not disrespect them, but stabilise in the stage of a world benefactor and remain merciful. With your feelings of mercy, consider that relationship to be for service and continue to do service. The more you serve someone who seems to be a hopeless case, the more worthy you will become to claim a prize, and be praised as a famous world benefactor. You will also receive the prize of a peace-maker.
14. A soul who is going to reach the highest destination of a yogi life will transform slander into praise, rejection into respect, insult into self-confidence, defamation into upliftment and will remain constantly victorious. Such a soul will be equal to the Father, one of the eight jewels and a special deity of the devotees.
15. Sacrifice your time, your happiness, name and fame and desire for any attainment. Become the great donors who have renounced the desire to receive, for only then would you be said to be full of the feeling of uplifting others. Only those whose minds are clean can have an attitude of uplifting those who defame them. If you have waste thoughts for yourself or for others, that is not a clean mind. When you have a clean mind and a clean and clear intellect, you can be one who uplifts others.
16. Those who always uplift others will only see the virtues of every soul at every moment, like the Father. Even while seeing someone's weaknesses or defects, they will donate power with their good wishes and feelings of co-operation to make that soul virtuous. This is having mercy on others.
17. To donate all your treasures to all souls is to uplift them. Those who uplift others in this way will experience themselves to be full of all treasures and emperors of the land without sorrow. Sanskars of sorrow cannot emerge even in their thoughts. For this, renounce the consciousness of "I" even from your attitude. Let there always be Bap and Dada in your awareness, let there be just these words on your lips and you can be a Lord of the World and serve the world.
18. To continue to donate unceasingly especially through the power of your thoughts, the power of your words, through the colour of your company, through love-full relationships and through your limitless treasure of happiness is to have mercy for others and to uplift them. Let a soul who comes into contact with you return full with the treasure of happiness. Become such unceasing donors.
19. Do not have the desire to give to others only after receiving something from them. Let it not even enter your thoughts: 'If this one does this, then I will do this, if this one changes, then I will change; they should change a little and then I will also change a little.' Only those who make even beggars full of all treasures and uplift those who defame them can be full with the feelings of uplifting others.
20. Souls who uplift others will make disheartened souls powerful with their good wishes of mercy, love, power, sweet words and co-operation of zeal and enthusiasm. That is, they will make beggars into emperors. No matter how much someone may be defaming, let your vision and attitude always be one that is merciful. For this, you have to even renounce the ego of the self that is developed after you come into knowledge. When you have such a vision and attitude of renunciation, then BapDada will be in your awareness and you will have merciful feelings for everyone.
21. Through being trikaldarshi and remaining fully co-operative with the soul in front of them, while recognising the weaknesses of every soul, a soul who uplifts others will not imbibe that weakness into themselves, they will not speak about it, but through their benevolent form, they will finish the thorns of

weaknesses of all souls. Instead of becoming thorns, they will make thorns into flowers. This is what it is to uplift others.

22. Those who are full of feelings of upliftment and mercy will always be jewels of contentment; they themselves will be content and will make others content. Their wonder is that they will create hope in those who are hopeless. Their lamp of hope always remains ignited for the people and situations that to others have seemed hopeless.
23. If any co-operative brother or sister or any soul of the family, through their misunderstanding or childish stubbornness, considers temporary things to be permanent attainment and have any desire for temporary name, fame, respect and attainment, then to give regard to others while being humble yourself is to uplift others. To give in this way is to receive for all time.
24. At this time, there is a need for such a group of those who uplift others, those who are bestowers who give to others. Just as kings who are full always give to their subjects, and the hands of the kings who are full are never hands that take but hands that give, so you children are the ones who play the part of bestowers as emperors of heaven and so let that sanskar emerge in you from now.
25. Do not ever have the thought of giving salvation to others after receiving some salvation from them. This is known as changing from a beggar to a prince. You yourself must not have any desires to receive anything. Be a beggar of that temporary desire. Be a beggar in accepting temporary facilities. Only such beggars can become an image of fullness.
26. Those who are free of the knowledge of desires for themselves, who are unending donors, are the ones who uplift others. The father gave his own time for service. He himself was humble and gave respect to the children. "Children first!" Although it was in the name of the children, it was his work. He even renounced recognition of name for any work that he did. Even through renouncing his name, he became one who uplifted others. Follow the father in the same way.
27. Father Brahma made the children the masters and considered himself to be a server. He gave them the respect of being masters. He gave them honour and name. He never glorified his own name, but always said, "My children". Just as the father renounced name, honour, respect and uplifted others, and considered his own happiness to be in the happiness of the children, and considered the experience of unhappiness of the children to be his own unhappiness, in the same way, follow the father and become full with feelings of upliftment for only then will the task of world benefit be completed.
28. To uplift even those who defame you is the duty of a knowledgeable soul. The father even saw defamation with benevolent vision. Even people of the world have mercy for those who have mercy – devotee souls also do that. However, to be a knowledgeable soul means to have feelings of benefit for everyone and not to have the slightest thought of bringing loss. Only when you have feelings of mercy and upliftment for those who defame you will you be said to be a world benefactor.
29. At present, many souls have the desire to uplift the self, but they don't have courage or power. You children who uplift others are instruments to uplift such weak souls. Only with a true heart can you uplift others. In order to have a right to the sovereignty of the kingdom of the world, together with uplifting yourself, you also have to uplift others.
30. BapDada always gives the shrimat: Always have good wishes and pure feelings in your mind for every soul. Have an attitude of uplifting even those who defame you. Your thoughts for everyone should always be elevated and altruistic. Always have the feeling of being a bestower. There should always be self-transformation, then, with your elevated actions, inspire others to perform elevated actions. Only then will you be called one who uplifts others.
31. Have feelings of mercy, feelings of co-operation and feeling of giving courage for every soul. In every situation, in every task, and in every co-operative gathering, let there be altruism. Then it would be said that you have the feeling of uplifting others. Father Brahma did not accept anything for himself. He didn't accept any praise nor any physical thing, nor the place he lived in. Subtly and physically, it was always "Children first". This is called uplifting others. This is a sign of perfection of completion. Follow the Father in this and become equal.