

Madhuban Newsletter – April 2026

Imbibe the virtues of sweetness and humility to become great.

**Pure inspirations for Instrument Teachers, Brothers and Sisters
who are the decoration of the Brahmin clan – Pure inspirations (23/03/2026)**

Beloved Avyakt BapDada's deeply loving instrument teachers, brothers and sisters of this land and abroad who are the decoration of the Brahmin clan, ones who are always engaged in the service of world benefit, please accept love-filled sweet remembrance.

These beautiful moments of the avyakt meeting fill all Brahmin children with new zeal and enthusiasm. Thousands of Baba's children come running to Baba's home in Madhuban and return having filled themselves with many virtues and powers. It is sweet BapDada's wonder that, while being in the subtle region, he is sustaining His children in an incognito way. While watching the alokik elevated versions through the revised video, everyone feels that BapDada is directly celebrating a meeting with all of us and is responding to the things in our hearts. Baba's powerful drishti and the vibrations of His pure feelings spread into the whole atmosphere. This time, in the full season of 10 meetings, many brothers and sisters from this land and abroad came to Madhuban and having refreshed themselves fully, went back to do the service of world benefit with a lot of inspiration. Now, in the first week of April, all especially invited brothers and sisters and some sisters from abroad will meet and make plans for self-progress and service for the whole year.

At present, we are witnessing new scenes of the final chapter, all of you must be hearing all the news. Baba has taught His children the lesson of suddenly in advance and made us all ever-ready, fearless and carefree. Now, there is just this feeling in each one's heart that before going back home, we have to reveal our Baba in every corner of the world. Let the sound now emerge from each one's lips: This is the One, this is the One. For this, all of us together will bring about such splendour of service, but along with service, Baba also says: Children, in order to create your complete and perfect stage, continue to make incognito effort. Let your every thought for everyone be sweet and great. Let each one inculcate the virtue of sweetness and humility and grant a vision of the closeness to the Father. Just as Father Brahma's word are the words of an angel – few words and sweet words – in the same way, only speak accurate words. Follow the Father in your every thought, word and action. So, let each one underline this: My every word has to be alokik, like that of an angel. Let not a single word be without sweetness. Let there be spirituality on your face and sweetness on your lips. Let there be good wishes and pure feelings in your mind and intellect, merciful feelings and the feeling of being a bestower. Follow the Father at every step; this is giving a return of BapDada's sustenance.

Tell me, keeping such an aim, you are creating your elevated portrait of your fortune, are you not? In Madhuban, there is the constant splendour of Baba's children. In the hot weather too, there are Raja Yoga camps, seminars of the different Wings and yoga bhatthis taking place in all the places of Madhuban. Achcha.

Lots of love and remembrance to all.

In Godly service,

B.K. Mohini

Administrative Head, Brahma Kumaris.

Imbibe the virtues of sweetness and humility to become great.

- 1) Those who imbibe the virtue of sweetness become great here and also attain a status there. Everyone sees those who have sweetness as great souls. So every child should especially have the virtue of sweetness. Only with sweetness will you be able to glorify the name of "Madhusudan" (a title of Krishna, sweet one). Those who have the honey of sweetness with them have nothing but success in every task they do. Failure is removed from their lives.
- 2) You will imbibe the virtue of sweetness in your life when you don't see anything of the past about yourself or others and you make your sanskars easy. The virtue of easy-natured souls is sweetness. Sweetness is visible in their eyes, their words and their behaviour. With the two virtues of sweetness and humility, you can become a constant world benefactor, a great donor and a bestower of blessings and easily give the proof of your love.
- 3) Let there constantly be truthfulness and sweetness in your words and you will continue to accumulate marks with your words. When you have the virtue of sweetness in your life, every word that you speak will be like a pearl. It will feel as though you are not speaking but showering pearls. You will speak such words that those who hear them will feel: I too should speak such words. Everyone who hears them will be inspired to follow you and learn to do the same. The *vibrations* of such sweet words automatically draw others to you.
- 4) You great souls should constantly have sweet and great thoughts for all other souls. The Father's nature for every soul is constantly benevolent. He has merciful feelings, feelings of uplifting everyone and feelings of sweetness and humility. Therefore, make your nature the same. To have the nature of speaking sharply or of becoming forceful a huge obstacle in Brahmin life. Now transform such a nature.
- 5) By eating and serving others with sweet things, your mouth is sweetened for a few moments and you become happy. In the same way, when you yourselves become sweet, sweet words will constantly emerge from your mouth. Such sweet words will make you happy and also make others happy. Constantly continue to sweeten everyone's mouth in this way and constantly have sweet drishti, sweet words and sweet actions.
- 6) For a few moments, give sweet drishti to a soul or just speak a few sweet words and you will make that soul full for all time. Those few moments of sweet drishti or sweet words will change that soul's world. A few sweet words will become a means to bring about permanent transformation.
- 7) Sweetness is such a special virtue that it even makes land filled with bitterness very sweet. The basis of the transformation of all of you are Baba's sweet words: Sweet children, you are pure, sweet souls. These sweet words transformed you. Baba's sweet drishti transformed you. In the same way, with your sweetness, make others sweet. Sweeten your mouth. Constantly keep this gift of sweetness with you. By doing this, you will remain constantly sweet and also make others sweet.
- 8) Give visions of closeness to the Father with your sweetness. Let there be sweetness in your thoughts, sweetness in your words and sweetness in your actions. This is your closeness to the Father. This is why the Father tells you every day: Sweetest children! Then, you children reply: Sweetest Baba! These words of sweetness every day make you sweet.
- 9) The virtues of sweetness and humility teach you to bow down. The more you bow your sanskars and thoughts down, the more the world will bow down to you. To bow down means to make others bow down to you; bow down to your sanskars too. There mustn't even be the thought: Others should bow down to me! When you bow down, all others will bow down. Truly serviceable children can only do service when they bow down to everyone.
- 10) Sweetness is the greatness of Brahmin life. Where there is sweetness, there is also purity. There cannot be sweetness without purity. Constantly remain sweet. This is the basis of success in the service you do. To the extent that you have this intoxication in your intellect, there should accordingly be humility

in your actions and sweetness in your words. By your maintaining such intoxication, there will never be a loss. Those who are to attain success will remain humble and constructive. They will pick up virtues in every situation and fill themselves with sweetness.

- 11) Your form should be the same as your words. Your words should be clear and filled with love, humility and sweetness. They should be filled with truth, but there also has to be humility in your form. You will be able to reveal the Father through this form. Remain fearless, but your words have to be within the code of conduct. Wonders will be visible when there is a *balance* of both these things. They won't then find your words bitter, but sweet.
- 12) If someone is in conflict with you, give that person the water of your love. Don't let go of your virtues of sweetness and humility. Constantly wear your dress of humility. This humility is your shield which is a means for your *safety*. The easiest way to harmonise sanskars is to make yourself full of humility and sweetness. Give others the elevated seat.
- 13) BapDada now wants to see the sparkling jewel of complete purity on the forehead of each of you children. He wants to see your eyes constantly sparkling with spirituality, to hear sweet and invaluable words and to see contentment and humility in your actions.
- 14) In order to attain success in a gathering, remain constantly seated on your throne of humility. Sit on this throne and wear your crown of responsibility and create your future status. Don't get off your throne. Do everything whilst seated on your throne and you will continue to receive success. Let the lesson of 'you first' firm, by doing this your sanskars will harmonise with everyone.
- 15) Sweetness is greatness, and by having this sweetness, any bitterness in one's mind and words finish and the fire of anger cools down. BapDada wants to make all the children into cool deities. Therefore, imbibe the virtue of sweetness. Your face too should be sweet. Become full of the virtue of sweetness. Fill anyone who comes in front of you with your sweet words and powerful drishti.
- 16) Have sweetness in your behaviour and an attitude of unlimited disinterest in your mind. When you are aware of both of these, you will be able to pass with honours. By especially imbibing sweetness and humility, you will constantly be a world benefactor, a great donor and a bestower of blessings. You will then easily be able to give the proof of love.
- 17) Every word of yours is great. Any thought in your mind about anyone else should be sweet. Let your nature be that of uplifting everyone, a nature of sweetness and humility. Never say: My nature is like that! Where did "mine" come from? My nature of speaking is very loud. My nature is forceful. To be influenced by your nature is also Maya. Now become a conqueror of Maya. Transform any the nature of being arrogant, disheartened, jealous or forceful.
- 18) When you give someone a sweet, his or her mouth is sweetened for a short time. However, when you yourself become sweet, you will always have sweet words on your lips. Just as you become happy, when you eat or give someone something sweet, in the same way, sweet words make you and others feel happy. Continue to sweeten everyone's mouth in this way. Always let your drishti, words and actions be sweet.
- 19) BapDada now wants to see the sparkling jewel of complete purity on the forehead of each of you children. He wants to see your eyes constantly sparkling with spirituality, to hear sweet and invaluable words and to see contentment and humility in your actions.
- 20) The nature and sanskars of each of you are your own, but to be loving to all, to be successful in all your relationships and in everything else, to be victorious in your mind and have sweetness in your words, is only possible when you have an easy nature. To have an easy nature means to make yourself easy by recognising the time, people and circumstances. To be easy means to be harmonious and able to mould oneself. Easy means not to be careless.
- 21) Father Brahma wants to see a smile of spirituality on each child's face. Secondly, he wants to hear sweet words coming from your lips. Let not a single word be without sweetness. Let there be spirituality on

your face, sweetness in your words and constant good wishes in your mind and intellect. Have the feelings of a merciful bestower and follow the Father at every step. Give the return of this sustenance.

- 22) Let there be the newness of sweetness, contentment and easiness in every word you speak. Words spoken by Brahmin souls must not be ordinary. This is greatness and newness. Continue to sweeten the mouths of others with sweet words, sweet sanskars and a sweet nature. With the blessing: 'May you be constantly tireless and sweet, continue to move forward and fly'.
- 23) Father Brahma's words were angelic; he spoke few but sweet words. Speak accurate words in the same way. Even if you have to speak because of your activities, do not speak too much. Follow the Father in your every thought, word and deed. Let there be the greatness of sweetness and humility in every word. For this, consider yourself to be an instrument before you carry out any task and then, with greatness, there will also be humility and you will become an embodiment of success.
- 24) Let your every word be alokik, like that of an angel. Let every word be sweet. Underline this aspect, for only then will revelation take place because, until now, the power of words has been going to waste. Therefore, the power that there should be in revealing the Father is lacking. When you save your words from going to waste, the sound of the Father's revelation will be heard loud and clear.
- 25) When an ignorant child considers a harmful object to be a toy, he is given something else so that he can let go of it. In the same way, when someone desires temporary respect or honour or has some temporary desire, give him that respect and become humble yourself. If you try to correct that one at that time, conflict will be created. Therefore, move along in a yuktiyukt manner at such a time and be merciful and forgiving with respect. First of all, make him understand, so that he would feel that this thing is harmful.
- 26) Some things are softened by heating them and they can then be moulded. Here too, heat is a form of power and softness is humility, that is, love. Those who have love for every soul will be able to have humility. When there is no love, you won't be able to remain merciful or humble. In being an embodiment of power you are a master, and in humility there is the virtue of serving. When there is the heat and the softness, you will then be able to mould yourself to every situation.
- 27) Those who are easy natured are full of the virtue of sweetness and they remain constantly cheerful. Those who are cheerful attract everyone to themselves. To be cheerful means to swing in the swing of supersensuous joy. While churning this knowledge, experience the avyakt stage and swing in supersensuous joy. This is known as being cheerful. Those who remain cheerful in this way attract everyone.
- 28) The sanskars of those who are simple and sweet will be in their form. When your sanskars become like those of BapDada, then BapDada's form will be visible to everyone. Just like BapDada, the same virtues, the same behaviour, the same words, and the same thoughts will be experienced. It will emerge through everyone's lips: They seem exactly the same.
- 29) Do not think that you always bow down anyway, and yet no one has any respect for you, or that there is respect for only those who don't bow down and who tell lies. No; that is only temporary; you must have a far-sighted intellect. The more people you bow down to now, that is, the more humility you have, the more all souls will then bow down to you throughout the whole cycle. In the golden and silver ages, their kings they will not physically bow down but they will bow down mentally with that regard for you, and in the copper and iron ages, they will physically bow down.
- 30) The main obstacle that comes to the *majority* in service is: "I did this." "Only I can do this." When this consciousness of "I" comes, it is called the ego of knowledge, the ego of the intellect or the ego of service. Obstacles come through these forms. To overcome this type of obstacle, always remember one phrase: "I am an instrument." Only by becoming an instrument can you be incorporeal, egoless and humble, and also stay in a stage that is free from (waste) thoughts. When you imbibe these, the atmosphere becomes free from obstacles.

*** O M S H A N T I ***