

**Burn the tamoguni quality of matter and souls through volcanic remembrance.**

**Sweet letter of remembrance for instrument teachers and brothers and sisters  
of the Brahmin family from this land and abroad. (20/6/2026)**

Beloved Avyakt Image, Mother, Father, BapDada's deeply loving instrument teachers and brothers and sisters from this land and abroad, who are the decoration of the Brahmin clan, ones who always have your spiritual pride and finish all adverse situations of everyone, ones who radiate the powerful vibrations of yoga to everyone, collectively, with the concentration of your mind and intellect, please accept Godly love-filled sweet remembrance.

In the month of June, along with the memories of our sweet Mama, hearing about all her specialities and imbibing these into yourself, you must have made very good efforts. The month of July is the month of remembering the memories of our sweet Didi Manmohiniji. Didi, whose name was Gopi, always remained merged in Baba's love. With her own original and deep dharna, Didi gave alokik sustenance to the whole divine family and taught everyone how to follow the Godly codes of conduct. Because the line of her intellect was always clean and clear, her powers to discern and to make decisions were such that she would discern the three aspects of time of any soul and make them even more capable and worthy.

So, today, along with this letter, we are sending you some points of her Didi Manmohiniji's specialities and the teachings we received from her; these will help you a lot in your intense efforts.

The months of July and August, according to the weather in Bharat, because of the monsoon everywhere, yoga-bhatthi programmes are organised at all the service centres. Now, at the present time, beloved BapDada's special signal is: Children, now your yoga has to be of the powerful, volcanic form, full of light and might like the lighthouse, through which the tamoguni quality of matter and souls will be burnt. For this, be stable on the seat of the awareness of your elevated self-respect and spread the light and might of purity with your powerful yoga. The more your attitude will be pure and benevolent, the more all the peaceless and unhappy, desperate souls will experience peace and power. Now, there is the need to become a point in a second and remember the Father, the Point-form. It is the remembrance of the Point-form that will be enable you to spread powerful vibrations.

At the present time, the thought is arising in the minds of the unhappy and distressed souls in the world: Let destruction take place now. In the same way, let the thought arise in the minds of you world benefactor souls: Now, let all the souls quickly be benefitted and only then will completion take place. Baba says: Children, now emerge your kind, compassionate and merciful form and listen to the call of those in sorrow and give them the blessing of liberation. So tell me, sweet brothers and sisters, by staying in this awareness constantly, you have made your service centres places of tapasya, have you not? When there is such powerful remembrance collectively, then the task of world transformation through self-transformation will take place. Achcha.

The health of all of you must be good and all of you must be taking full benefit of the bhatthis taking place in Madhuban. Lots of love and remembrance to all.

In Godly service,

BK Mohini  
Administrative Head, Brahma Kumaris

**Special note:** For May and June, special points were sent fortnightly to have special tapasya. Avyakt signals at the end of the murli for July are for having volcanic yoga and to help with yoga tapasya programmes at all the places. The same points are also included in the July newsletter, separate points for the fortnightly homework will not be sent for July. Om shanti.

**Stay in the volcanic stage and experience powerful remembrance.**

- 1) You great tapaswi souls have to experience rays of attainment through your powerful and volcanic remembrance and also give others that experience. Your tapaswi form is the form of giving to others. Just as the sun gives the world light and the experience of other perishable attainments, in the same way, through your tapaswi form, continue to give rays of peace and power.
- 2) When the yoga of you children becomes volcanic and powerful, the fire of purity will be able to burn the rubbish of the world in a *second*. This power of purity is a great power. At the end, when you become completely pure, the fire of your elevated loving thoughts will burn all the rubbish.
- 3) Now, become “jwalamukhi” (volcanic) and burn your devilish sanskars and nature. In the memorials of the goddesses, they are shown destroying the devils. The devils were not people, but they (goddesses) finished the devilish powers. This is the memorial of your volcanic form at this time. Now, ignite such a flame of yoga that this iron-aged world completely burns away.
- 4) The sound has begun to emerge in the minds of unhappy souls that destruction should now take place. In the same way, the thought should emerge in you world-benefactor souls that all souls should now quickly be benefitted, for only then will completion take place. Those who are carrying out destruction need to have a signal from the thoughts of you benefactor souls. Therefore, with your powerful thought to become *ever-ready*, intensify the flames of destruction with your volcanic yoga.
- 5) Just as the rays of the sun spread everywhere, in the same way, with the stage of being a master almighty authority, experience spreading the rays of powers and specialities everywhere. For this, stabilise yourself on the seat of the awareness of this self-respect: “I am a soul who is a master almighty authority, I am a destroyer of obstacles”. Let your yoga be volcanic and no obstacle will be able to come in front of you.
- 6) For as long as your remembrance does not become volcanic, the flames of destruction will also not take their complete volcanic form. They flare up and then cool down because souls who have the volcanic form and images of support have not become that volcanic form for all time. Now, have the determined thought to become the volcanic form and use the concentration of your mind and intellect in a collective way, to spread the vibrations of powerful yoga everywhere.
- 7) In order to become a volcanic form, constantly remember that you now have to return home. To go back means to remain beyond. Since you have to go back to your incorporeal home, you have to make your dress according to that. So, you have to go back there and then take everyone back there. By having this awareness, you will automatically go beyond all relationships and all the attractions of matter, that is, you will become a detached observer. By becoming a detached observer you will easily become a companion of the Father and equal to Him.
- 8) To the extent that you become a volcanic form of an instrument for establishment, to that extent the flames of destruction will appear. The collective, volcanic form of remembrance will complete the task of destruction of the world. For this, special yoga programmes should continue to take place at all the centres and these will fan the flames of destruction. The fire of destruction will begin with the fire of yoga, and the flames will be ignited by the flame.
- 9) The *last* and *fast* effort that remains is of the volcanic form. The Yadavs were waiting because of the Pandavas. The stage of elevated and spiritual honour of the Pandavas will finish the adverse, distressed situations of the Yadavas. Use your honour to give distressed souls the blessing of peace and comfort. To be the volcanic form means to understand the lighthouse and might-house stage and to continue to make that effort.
- 10) Make the pilgrimage of remembrance especially powerful. Become experienced in being an embodiment of this knowledge. The pure and benevolent attitude of you elevated souls and the powerful atmosphere will give the experience of bliss, peace and power to the desperate, wandering souls who are calling out.
- 11) When you put something into a fire, its name, form and quality changes. In the same way, when you put yourself in the fire of remembrance of the Father, you become transformed. From human beings,

you become Brahmins and from Brahmins, you become angels, who then become deities. Such transformation takes place in this fire of love that no consciousness of oneself remains, and this is why this remembrance is said to be of the volcanic form.

- 12) Now, people say that this is good, but they do not receive the inspiration to become good. There is only one method for this: become the volcanic form collectively. Let each one become a living lighthouse. You are serviceable and loving, you have one Strength and one Support and all of that is fine, but when you have the *stage* of a *master* almighty authority, everyone will then begin to circle around you like moths.
- 13) A fortress is built for people to stay safe within it. You would not create a small alcove for a king, you would build a fortress. Each of you has to build a fortress of volcanic remembrance for yourself, for your companions and for all other souls. When there is the volcano of the power of remembrance, all souls will then experience safety.
- 14) You can absolve sins and become a destroyer of sins when your remembrance is volcanic. The powerless stage of all souls will then be finished with this remembrance. For this, you have to remain combined with the Father at every second and in every breath. At no moment should you have ordinary remembrance. Make your form of love be combined with power.
- 15) Now, become fearless and volcanic and burn away the tamoguni quality of matter and souls. Tapasya means volcanic remembrance. It is only by your having remembrance that the fearsome form of Maya and the elements will become cool. Your third eye, your volcanic eye, will make Maya powerless.
- 16) According to the time, whatever karmic accounts remain of your mind, your relationships and connections, burn them with volcanic remembrance. BapDada has passed you in the subject of love, but now let that love become like a fire. The fire burning in the world of corruption and violence will finish in the fire of yoga through the volcanic remembrance of you children.
- 17) Powerful yoga, that is, the fire of love, the remembrance that is like fire, will destroy the fire of corruption and violence and give co-operation to all souls. It is through this that your attitude of unlimited disinterest will be ignited. On the one hand, the fire of remembrance will destroy that fire and, on the other hand, it will give souls God's message and cool them down. Through this, souls will be liberated from the fire of their sins.
- 18) According to the time, while you Brahmins are bringing souls closer, you must also continue to serve to make the atmosphere as powerful as a fire. For this, you can have bhatthis and deep discussions amongst yourselves, but you have to experience the intense form of love and also give others this experience. Remain busy in doing this service and all the trivial matters will be transformed.
- 19) In order to make your yoga as intense as a fire, continue to practise becoming the form of a point in a second and concentrate your mind and intellect. As soon as you say "Stop", all body consciousness should leave your mind and intellect. Use this type of controlling power throughout the day. Control your mind and intellect with this powerful brake. You need to be able to focus your mind and intellect wherever you want in a second.
- 20) Yoga means the power of silence. This power of silence can very easily bring transformation in the self and others. The elements, as well as souls, will be transformed with this power. You transform souls by giving them the course in words but, in order to transform the elements, you need the power of silence; you need the power of yoga. Your yoga can be powerful when all other thoughts have become quiet and there is just the one thought of "Baba and I". All thoughts, apart from the experience of meeting the Father, should vanish. Only then could you honestly say that your remembrance is as powerful as a fire with which transformation can take place.
- 21) When you sit in yoga, you need to have the power to merge everything else in a second. All thoughts of service should be merged. You need to have so much power that, as soon as you say "Stop", you are able to put a full stop. A powerful brake has to be applied, not a weak brake. If this takes longer than a second to do, it means that your power to merge is weak.
- 22) The sign of your having a powerful mind is that you can reach wherever you want to in a second. When your mind has learnt how to fly and develops that practice, you should be able to reach wherever you want in a second. One moment, you are in the corporeal world and, in the next second, you should be

in Paramdham. Now increase this practice. Increase this practice now so that then your remembrance would be powerful

- 23) In order to have powerful remembrance, your love must come from an honest heart. Those who have honest hearts are able to become a point in a second and are able to remember Baba, the Point. Because of pleasing the Lord with their honest hearts, such souls claim special blessings from the Father, with which they are easily able to stabilise in thinking of the One. They will experience remembrance in the form of a fire and will spread powerful vibrations everywhere. Because of their power of honesty, their intellects will accurately work wisely at the right time. No wrong actions can be done.
- 24) Constantly experience the stage of a light-and-might-house in your yoga. This knowledge is light and yoga is might. The two powers of this knowledge and yoga should be filled with light and might. You can then be called a master almighty authority. Such a powerful soul will be able to overcome any type of situation in a second. It will not take any time.
- 25) In order to make your stage as powerful as a fire, keep the fire of your remembrance constantly ignited. The easy way to do this is constantly to consider yourself to be a charioteer and a detached observer. You, the soul, are the charioteer of your chariot. This awareness will detach you from your body and any type of body consciousness. By considering yourself to be a charioteer, you can control all your physical senses. Even the subtle powers of your mind, intellect and sanskars will remain in order.
- 26) You, the soul, are a charioteer and to be a charioteer means to be soul conscious. Father Brahma became the foremost soul by practising this. Therefore, follow the father! The Father enters a body and controls it, that is, He becomes the Charioteer. He doesn't depend on that body, and this is why He remains loving and detached. In the same way, all of you Brahmin souls have to maintain the stage of a charioteer, like the Father. When you are the charioteer of your body, you naturally become a detached observer and remain immune to any effect of Maya in whatever you do, see or hear.
- 27) Many children say that, when they sit in remembrance, instead of becoming soul conscious, they think about service. This should not happen, because if, instead of becoming bodiless in the final moments, you think about service, you would fail that paper of a second. At that time, you must only remember the Father and your incorporeal, viceless and egoless stage, nothing else. By thinking of service, you remain in your corporeal form. If you can't have the stage that you should have whenever you want, you would be deceived.
- 28) On seeing the degraded condition of the iron-aged, tamopradhan and decayed tree, Father Brahma has the thought: With the tapaswi form of the children and with the fire of yoga, burn this old tree right now. However, for that to happen, the yoga has to be volcanic and ignited in full force collectively. So, now put this thought of Father Brahma into a practical form.
- 29) In order to have volcanic remembrance, both your mind and your intellect need a *powerful brake* and also the power to steer. By having these, the power of your intellect and any other energy will not go to *waste*, but will instead accumulate. To the extent that you accumulate these, your powers to discern and decide will accordingly increase. For this, especially finish any expansion of all other thoughts, that is, imbibe the power to pack up.
- 30) While carrying out any task or while talking, put a stop to the traffic of your thoughts every now and then. Stop the thoughts in your mind for a minute. Also, while doing something physically, stop that for a minute and practise this. Only then will you be able to stabilise yourself in the point form of a powerful stage of remembrance. Just as it is becoming easier to carry out a task while being in an avyakt stage, so, the stage of the point form should be just as easy. This is the stage of volcanic yoga
- 31) In order to make your remembrance powerful, while going into any expansion, let your practice of the stage of the essence be no less. In the expansion, do not forget the essence. Eat, drink and do service, but do not forget to be detached. Spiritual endeavour means to have powerful remembrance and to be in a constant relationship of the heart with the Father. Spiritual endeavour does not mean just to sit in yoga, but, just as you sit physically, similarly, your heart, mind and intellect should be connected to the Father and constantly sitting with Him. Such concentration will ignite the flames.

\*\*\* OM SHANTI \*\*\*