

The World Renewal

Monthly

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Abu Road: Global Summit 2024 on 'Spirituality for Clean and Healthy Society' is being inaugurated by H.E. Draupadi Murmu, Hon'ble President of India, H.E. Haribhau Kisanrao Bagde, Governor of Rajasthan, Rajyogini Dadi Ratan Mohini, BK Mohini, BK Jayanti, BK Brijmohan, BK Munni and BK Mruthyunjaya.



Kampala (Uganda): The 50-year celebration of the Brahma Kumaris in Africa brought together 250 participants from 31 countries including BK Jayanti, BK Vedanti, BK Nipa and BK Pratibha.



Udgir (MH): H.E. Draupadi Murmu, the President of India is being presented a Godly gift by BK Mahananda, BK Sunita and others.



Antigua and Barbuda: BK Payal is with Mr Pabitra Margherita, Indian Union Minister of State for External Affairs at HC of India.



Kazan (Russia): Mr. Narendra Modi, Hon'ble Prime Minister of India is being warmly welcomed by members of Brahma Kumaris on his arrival to take part in BRICS Summit.



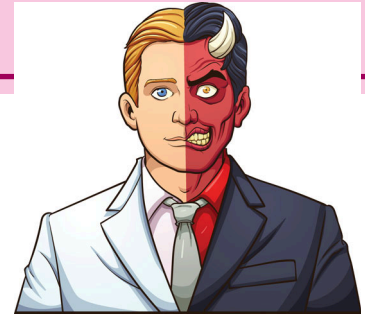
Abu Road: The National Media Conference is being inaugurated by Union Minister of State for Information and Broadcasting, Dr. L. Murugan, Dr. Man Singh Parmar, former Vice Chancellor, Rajyogini Dadi Ratan Mohini, BK Brijmohan, BK Sheilu, BK Shantanu and others.



Guangzhou (China): Brahma Kumaris participated in Gandhi Jayanti Celebration at the Indian Consulate. Mr. Shambhu L. Hakki, Consul General of India is seen with BK Sapna, BK Rose and other BK sisters.



New York: After a talk on "Navigating Uncertainties with Godly Power System" BK Asha is seen with Trenelle Gabay, Founder of Carey Gabay Foundation and Dr. Neeta Jain, a Democratic District Leader.



GOD, WORLD AND THE DEVIL

How did the evil enter into the world? Who is responsible for sin and the resultant suffering?

One of the living issues of philosophy and religion is the question of Evil. One cannot understand the nature of the World and of God unless and until the question of evil is solved. For, if God is a Benevolent Power, Knowledgeful and Almighty, as all believers avow; then, it is natural to ask, "How did the evil enter into the world? Who is responsible for sin and the resultant suffering?"

Different Answers

Some philosophers say that the evil was present since the very beginning of the World Cycle or even before the world came into existence. But it is clear that acceptance of this view would mean that God is limited by the eternal presence of evil. It would also imply that God cannot or does not eradicate the evil. This limitation is incompatible with the concept of God's Supremacy or Compassionate Almighty-nature and would, nonetheless, be unacceptable,

in the result, even to those who advocate the aforesaid theory of the eternal presence of evil. Moreover, none would think that there is any good in praying to a God who cannot exterminate evil for a considerable length of time or who is incapable of bestowing deliverance to the world from the evil and its tentacles.

Again, certain religions in the world profess that there is another force responsible for the presence of evil which was, originally, under the Authority of God but, later, became hostile to Him when He created the world as Paradise and made man the king of the earth and also of the waters and the fauna and the flora. Christians and Mohammedans have faith of this kind. They believe that all evil in the world is due to Satan. Now, this belief also does not solve the problem satisfactorily, for if one accepts two powers or two mighty persons - God and Devil -

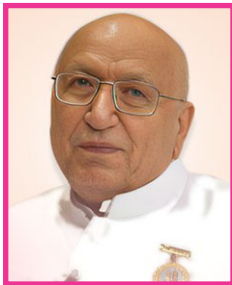
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HARMONISING *SANSKARS*

We cannot expect everyone and everything in the world to be the way we want - there will be people and circumstances that are different, just as I am different from others. Appreciating such differences as a part of the variegated tapestry of life enables us to enjoy the differences instead of resenting them.



One of the key aspects of spiritual effort is to overcome our weaknesses and change our tendencies or '*sanskars*'. We sometimes find this difficult, as entrenched habits and ways of thinking crop up repeatedly, colouring our emotions and

behaviour against our wishes. One of the reasons for the difficulty is that although we want to change a habit or *sanskar*, at the same time we identify with it. We tell ourselves and others that "my *sanskars*" are deep-rooted and not easy to change. This consciousness of "mine" subtly attaches us to the trait which we want to discard. When we think that an undesirable quality which we want to change is "mine", we end up reinforcing it.

Take the case of someone who easily loses his temper and wants to overcome this weakness. If they keep telling themselves, "I am short-tempered...", they strengthen a negative self-image and will keep behaving in accordance with it. But if they recognise the fact that they are a soul, a spiritual being who is originally peaceful and loving, and that anger is alien to them, then they will naturally begin to move away from anger. That is why Rajyoga meditation, as taught by the Brahma Kumaris, begins with the practice of soul-consciousness. When we repeatedly remind ourselves of who we are and our original qualities, our self-image changes, and that automatically influences our thoughts and actions. Then, when

we remember the Supreme Soul, the Father of all souls, we can draw from Him all the power and virtues we want, as He is an inexhaustible source of the same.

As our stock of virtues grows, the effect of undesirable traits on the mind gradually diminishes, until it disappears altogether. The attitudes and habits of the past should feel like they were someone else's, not ours. Just as we do not touch something that is dirty, in the same way we should avoid our old ways, and not even think about them. This is the process by which meditation brings about qualitative change in individuals.

But such inner transformation requires honest intention, determination, and patience. While we are engaged in this spiritual effort, we also have to be mindful of harmonising our nature with that of others. This calls for understanding and adapting to the unique nature of each person who is a part of our life.

To be able to do that, we need to understand that for getting along with everyone, we have to change our way of thinking and behaviour, and not expect others to adjust to our ways. We can become our own masters, but we cannot control others.

Adhering to certain principles helps us harmonise our *sanskars* with those of others. One is to take care that no one receives sorrow from our behaviour. Our thoughts, words, and actions should be such that they make others happy. When we pay attention to this, it will keep us and others content.

In addition, having the qualities of generosity, selflessness, and mercy enables us to give due consideration to the needs and concerns of others. This is necessary for fostering mutual goodwill and camaraderie.

We also have to forget some things about others and accommodate some of their peculiarities. **Accepting people as they are and giving them regard brings them closer.** As we move close to one another in this way, we have to continue giving respect to all. In the world they say that familiarity breeds contempt. We start taking for granted the people we interact with routinely, including our family. We are not bothered about what they think of us, so we feel no need to be at our best with them. That is not good and does not help anyone. In fact, we should be more considerate towards those who we are close to and with whom we have the maximum interactions. Having regard for all makes the harmonising of *sanskars* easy. We all know that when we have special love for someone, we get on very well with that person. **In order to be on good terms with everyone, we need to be easy-going and non-judgmental even when we know the character of each person.**

The virtues of honesty and cleanliness of mind also help us avoid conflict. When there is nothing artificial in our thoughts, words, or actions, and we say what we mean, and do what we say, it fosters mutual trust and respect.

One weakness that pollutes the mind, erodes our self-worth, and does not allow us to have healthy relations with others, is that of physical attraction, which pulls us against our wish. To finish this, we need to pay attention to two main things: seeing only the soul, not the body, and focusing on people's character rather than their looks. With this effort, our *sanskars* and vision are purified.

Ego, one of the biggest obstacles on the path of self-improvement, not only creates problems in obvious ways by antagonising people and generating conflict, it also deceives us in a subtle manner. We have to be cautious that our happiness is not dependent on praise, as otherwise our state of mind will keep fluctuating. Some people expect to be acknowledged and lauded for whatever little work they do. As long as they are appreciated, all is well with them, but if the compliments are not forthcoming or someone makes a critical remark, they are upset and distance themselves from everyone. When we are equanimous in praise and criticism, there won't be such fluctuation or any conflict of *sanskars*.

Another skill that is invaluable in harmonising *sanskars* is the ability to be like a child or a master – in other words, to be amenable or assertive - as the occasion demands. To be a child means to accept suggestions or directions given by others, without having second thoughts. To be a master means to offer one's opinion or advice confidently. When we become a master where we should be a child, there is a conflict of *sanskars*. In a team or a group, we can certainly express our opinion as a master, but after a collective decision is made, we should accept it like a child and not sulk if it is different from what we suggested. When the members of a group have the ability to adjust in this manner, then everyone feels valued, as they are free to have their say and are not marginalised. This not only prevents discord within the group but also keeps everyone light and easy and enhances mutual cooperation and bonding.

The power to tolerate, accept, and accommodate diverse personalities and views is vital to harmony in any group or community. Tolerance is often seen as reluctant acceptance of something we consider undesirable, as if it

has been forced upon us against our wish. A more enlightened perspective is to see it as respect for differences. We cannot expect everyone and everything in the world to be the way we want - there will be people and circumstances that are different, just as I am different from others. Appreciating such differences as a part of the variegated tapestry of life enables us to enjoy the differences instead of resenting them.

In personal interactions, even if we think that someone's ideas are not very beneficial, they should not be rejected outright. First, there should be acceptance of their opinion. This makes them feel valued. Later, at an appropriate time, we can discuss the matter with them to arrive at an understanding. If we instantly cut someone off by rejecting their suggestion, there is a conflict of *sanskars*. Initial acceptance prepares the ground for us to engage with them and encourage them to accept a different point of view.

The way we speak and behave has a major impact on our relationships, and sweetness is an essential virtue for fostering and maintaining harmony. Some people casually use sharp and taunting words and laugh off the other person's reaction. Such behaviour can do lasting and untold damage. The story of the Mahabharata illustrates this well. A scornful remark by Draupadi, the consort of the Pandavas, filled the heart of the Kaurava prince Duryodhan with malevolence, ultimately leading to the carnage of the Kurukshetra war.

Virtues such as sweetness of temperament, peacefulness, compassion, gentleness, and modesty not only make us loved by all but are divine qualities that endear us to God, according to the Bhagavad Gita. The sixteenth chapter of the scripture, whose very title is, 'The Yoga of the Division Between the Divine and the

Demoniacal', makes clear the intimate connection between ethics and spirituality, between a life of virtue and God-realisation and liberation from sorrow. What kind of nature should one develop? What conduct must one follow? What way should one live and act if one must attain God and divine bliss? The Gita says that pure and divine qualities are conducive to peace and liberation, while the opposite traits lead to sorrow. Purity and good conduct are indispensable to an honourable life and to spiritual progress, it says.

An honourable person is one whose nature and qualities are liked by everyone. To be liked by everyone means to be light with everyone. That lightness should be experienced through our attitude, words, and actions. We cannot change others by admonishing them, but our honourable conduct serves as an example by which they can learn. This is what is called transformative behaviour.

Whatever someone's nature may be like, if we tolerate them and offer good wishes and cooperation to that soul, this acts as an emollient which cools down their *sanskars* and gradually makes them amenable. **People's *sanskars* are all different and they will always be so, but it is entirely up to us as to whether we have a conflict of *sanskars* or step away from them and keep ourselves safe.** If someone has *sanskars* of aggression, one can tactfully avoid friction with them. Our interactions with all should be based on feelings of love and kindness. When we fill ourselves with virtues by remembering that we are innately pure souls and everyone else is also a brother soul, and by connecting with the Supreme Soul, who is the ocean of virtues, we become powerful enough to be immune to negative influences, and a worthy example for others to follow and elevate their *sanskars*.

– B.K. Brij Mohan

ILLUMINATE YOUR WORLD

When life feels grim, or I feel powerless in the face of the world's troubles, I ask myself, what can I do, right now, to be the light?

B.K. Sister Chirya, New York, USA



I was stuck on a crosstown bus during rush hour. Traffic was barely moving. The bus was filled with cold, tired people who were irritated with one another, with the world. A pregnant woman got on, and nobody offered her a seat. Rage was in the air; no mercy could be found here.

But as the bus approached Seventh Avenue, the driver got on the intercom. "Folks," he said, "I know you have had a rough day and are frustrated. I can't do anything about the weather or traffic, but here is what I can do. As each one gets off the bus, I will reach out my hand to you. As you walk by, drop your troubles into the palm of my hand, okay? Don't take your problems home to your families tonight, just leave them with me. My route goes right by the Hudson River, and when I drive by there later, I will open the window and throw your troubles in the water."

It was as if a spell had lifted. Everyone burst out laughing, with surprised delight. People pretending for the past hour not to notice each other's existence were suddenly grinning at each other like, is this guy serious? Yes, he was serious. At the next stop, the driver reached out his hand, palm up, and waited. One by one, all the exiting commuters placed their hand just above his and pretended to drop something into his palm. Some people laughed, some tore up, but everyone did it. The driver repeated the same lovely ritual at the next stop, all the way to the river.

A bad day often lasts for weeks, and it seems difficult to be a human being. You lose jobs,

money, friends, faith, and love. You witness horrible events unfolding in the news, and you become fearful and withdrawn. Everything seems cloaked in darkness. You long for the light but don't know where to find it. But what if you are the light, the very agent of illumination a dark situation begs for? This bus driver taught me is that anyone can be the light, at any moment. He wasn't some big power player, or a spiritual leader. He was a bus driver, one of society's most invisible workers. But he possessed real power, and he used it beautifully for our benefit.

When life feels grim, or I feel powerless in the face of the world's troubles, I think of this scene and ask myself, what can I do, right now, to be the light? **I can't personally end wars, solve global warming, or transform vexing people. I definitely can't control traffic. But, by feeding my mind with pure, positive thoughts and feelings every morning through spiritual study and meditation, throughout the day I will consciously choose a right thought and feeling and influence everyone I come in contact with, even if we never speak or learn each other's names.**

"No matter who or where you are, or how mundane or tough your situation may seem, you can illuminate your world. In this way the world will ever be illuminated, one bright act of grace at a time, all the way to the river." -- Elizabeth Gilbert ■■

OVERCOMING SOCIAL MEDIA ADDICTION

Are we the owners of the mobile, or is the mobile our owner? Definitely, we are the creators and owners of social media, and we should use it like a master, not a slave.

Prof. Onkar Chand Sharma, Shantivan



Social media has grown to play a big role in both our personal and professional lives in the modern day. It has fundamentally altered our interactions, communication, and information gathering. It is a really quick way to communicate.

Sharing images, movies, documents, ideas, and more is incredibly simple. Interacting with loved ones, making new connections, networking, and exchanging ideas and content on a platform are just a few advantages.

The opportunities that social media has given people for freedom of speech were unimaginable even a decade ago. In fact, a wave of change can be brought into society through this platform. But the worrying thing is that in the present times, the role of social media has become one of spoiling social harmony and promoting divisive thinking instead of positive thinking in society.

People spend seven hours a day on screens connected to the internet, whether it's for social media scrolling, YouTube videos, or Netflix movies, according to the most recent data. An average of 2,617 touches, taps, or swipes are made by smartphone users every day, according to a study. Not only it will impact your life, academics, career, business, and hobbies, but it will also have an impact on your mental health if you are

squandering daily seven hours on this. If you take away the phone from some people, they start getting irritated. They become restless and some people experience stress also. We may choose how to use social media more wisely if we know positive and adverse factors of social media.

Positive effects of social media

- ▶ Social media has given a new dimension to communication in the world. It has improved relationships to a great extent by providing a constant and instant communication platform, allowing people to stay connected regardless of geographical distance. It also helps in reconnecting old friends and maintaining relationships that might otherwise weaken because of time and distance.
- ▶ Social media offers free knowledge and quick information. It gives users access to a wide range of educational resources and content, making it a valuable tool for education.
- ▶ Social media is working as a good means of business, and many types of employment have also been created by it. Currently, social media is being used on a wide scale to quickly spread awareness of important issues to a large audience.

Adverse effects of Social Media

- ▶ It provides a lot of information, many of which are misleading and false. This may result in

confusion, rumours, distrust, and chaos which adversely effects the public opinion and conduct.

- ▶ It plays an important role in spreading fake news and hate speech. Information can be presented in any way by twisting it. Any information can be changed to make it provocative, which has nothing to do with reality. Editing photos or videos can create confusion, which sometimes even creates fear of riots.
- ▶ Although social media makes it possible to interact with people widely, these connections are often flimsy and superficial. Face-to-face communication and social skills are declining. Loneliness and social isolation could arise from this.
- ▶ Social media often encourages people to compare themselves to others, leading to feelings of jealousy and dissatisfaction. This can harm mental health and well-being and lead to depression, anxiety and other psychological disorders.
- ▶ It can be extremely distracting, affecting focus and output. Professionals and students who need to be innovative and focussed on their work will find this particularly problematic.
- ▶ Social media frequently presents an idealised and inaccurate picture of people's lives, which can cause poor self-esteem and feelings of inadequacy. Individuals often get dissatisfied with their life by comparing them to others'.
- ▶ Overuse of social media can have a significant negative impact on our emotional and physical well-being. After excessive use, people frequently complain of tension, eye irritation, weight gain, laziness, and eyesight loss.
- ▶ There is no owner of the content here, so there is a lack of original source. Privacy is also completely violated. Cyber Crime is the biggest problem related to social media these days.

Addiction of social media

If the first thing you do when you wake up in the morning is open your phone and start scrolling through social media to catch up on last night's news, and if this addiction continues throughout the day, you need to reflect on your daily habits. This may be draining a lot of your energy. If you scroll mindlessly for several hours a day, you should stop and change your habits for the better. Prolonged use of social media can lead to addiction and has also been linked to sleep problems, attention problems, feelings of isolation, decreased productivity, anxiety, depression, and even physical ailments.

Why is social media so addictive?

Social media companies aim to keep users on their apps longer so they can view more ads, which generate revenue for the platform. Dopamine can be released in response to a variety of social media-related factors. Dopamine levels in the brain may rise in response to specific social media notifications, likes, re-tweets, or comments. This could cause a person to experience a pleasurable feeling. It leads to the desire to spend more time on social media to continue feeling good and the brain can become dependent on dopamine release to function, quickly leading to an addiction.

Symptoms of social media addiction

The signs may include:

- ▶ Preferring to communicate with friends and family through social media rather than face-to-face, believing that online life is more important.
- ▶ Feeling very bad and stressed when not using social media.

- ▶ Spending excessive amounts of time on social media despite negative consequences.
- ▶ Checking social media first thing in the morning and last thing at night.
- ▶ Using social media while walking and driving.
- ▶ Feeling not good when not getting likes, re-tweets or views.
- ▶ Becoming too invested in the lives of strangers online, thinking that everyone else's life is better than ours and having low self-esteem due to this comparison.
- ▶ Feeling the need to share everyday things all the time.
- ▶ Struggling to sleep and turning to social media while lying in bed, hoping to grow sleepy from scrolling.

How to beat social media addiction?

It has been discovered that social media addiction can be equally as dangerous as substance addiction. Furthermore, social media may be more addictive than alcohol and tobacco due to its easy and free accessibility, among other factors. Social media addiction can negatively impact mental and physical health. Our life will improve drastically once we free ourselves from the clutches of social media. There are some simple practices that are very effective in reducing excessive use of social media that leads to dependence. The following are among the most effective:

- ▶ **Turn off notifications:** Notifications act as triggers. They remind you to check your phone for a thrilling video or to see what others are doing. This kind of stimulation creates cravings. So, nip these triggers in the bud by disabling notifications for all social media apps on your phone.
- ▶ **Uninstall social media apps:** The app's very existence on our phones might frequently act as a trigger. Therefore, rather

than using the app on your phone to access social media, utilise your PC. Making a task difficult can distract the mind from doing the task altogether.

- ▶ **Limit smartphone use:** Set aside a specific time each day to use social media and limit how long you spend on it. Every day, dedicate at least 5 to 10 hours to a screen-free time. Make the habit not to use phone in the morning till 10 am. Keep your laptop and phone away and do things that don't require staring at screens like reading, walking, meditation, sports, or family time.
- ▶ **Separate work and entertainment:** Make it a rule that you must put your phone out of your reach when working. This will increase your productivity at work.
- ▶ **Create some 'No-phone' rules:** Put some 'no-phone' rules in place for yourself. They could be: No phones 2 hour after waking up. No phones in bed or 30 minutes before bedtime. No phones on the dinner table. No phones during family time. No phones while walking.
- ▶ **Choose outdoor or physical activities:** Instead of just liking someone's posts, meet them for dinner or call them once in a while. You'll find that you're building a deeper connection with them. Plus, physical activity will keep your mind occupied with something other than your phone.

Finally, keep in mind that social media and digital devices are meant for our use; we are not meant to be used by these gadgets. Are we the owners of the mobile, or is the mobile our owner? Definitely, we are the creators and owners of social media, and we should use it like a master, not a slave. We do not have to become slaves and dependents of these technologies. Technology should make our lives better and not become our life. ■ ■

B.K. NIRWAIR: A DIVINE BEACON OF LOVE, UNITY, AND SPIRITUAL GRACE

BK Nirwair Bhaiji's departure from the physical world leaves a gap that cannot be filled. Yet, his legacy of love, unity, and spiritual strength remains as an eternal flame, guiding not only the Brahma Kumaris family but countless souls around the globe.

B.K. Mansa, Shantivan



In a world where genuine connections can feel elusive, there are rare souls whose very presence is a source of light, warmth, and deep inspiration. BK Nirwair, affectionately known as *Bhaisahab*, was one such soul—a spiritual luminary and the revered General Secretary of the Brahma Kumaris. His recent transcendence on September 19, 2024, leaves an indelible void in the hearts of all who had the privilege of experiencing his divine love, guidance, and wisdom. This tribute seeks to capture the spiritual essence of his life and the joy he radiated, not only within the Brahma Kumaris family but throughout the world.

A Life of Unconditional Love and Spiritual Service

BK Nirwair Bhaiji was a jewel whose life was a reflection of divine virtues—his name itself, "Nirwair," meaning "one without enmity," embodied his essence. For the past 11 years, I have had the fortune of residing in Shantivan, and for the past six years, I was blessed to have personal meetings with him, especially on auspicious occasions such as Rakhi, New Year, Holi and Diwali. These gatherings with our

beloved *Bhaisahab* were more than meetings—they were profound spiritual encounters, where we sought his divine *drishti* and blessings, cleansing in his elevated vibrations.

Despite the immense responsibilities that came with his esteemed role, Nirwair Bhaiji carried them with the lightness of a yogi. He never turned anyone away, always receiving each soul with a radiant smile, loving gaze, and the sweetness of *tolli*. Every visit to him was a sacred moment, leaving us filled with spiritual nourishment and a deep sense of belonging—a true *ruhani mulakat* (spiritual meeting).

A Heart Overflowing with Love and Memories

His heart was an ocean of joy and love. "Aao *Farishte aao*" ("Come, O angels, come") was his



Heartfelt
Tribute



BK Nirwair Bhai

affectionate call as he welcomed us like divine messengers. He would often delight us with beautiful stories of his early days, his experiences with Mamma and Baba, and his personal spiritual journey. And in his loving nature, he would never forget our affection for sweets, offering us treats like ice cream, halwa, pedas, and chocolates—gestures that spoke of his generosity and care.

What set him apart was his extraordinary attention to detail and memory. Even though our visits were occasional, he always remembered each one of us by name and our roles. On one particular visit, when Shyam Bhai mistakenly mentioned my association with the hospital, Bhaisahab immediately corrected him with a knowing smile, saying, “No, she is from the studio. I know her.” Such moments made us feel seen, cherished, and deeply connected to him.

A Fatherly Guide with a Childlike Joy

Though he was a towering figure within the organization, managing vast responsibilities, Nirwair Bhaiji carried a humble and playful spirit. His heart was like a child's—pure, joyful, and unburdened by worldly concerns. He laughed with us, embraced us like family, and showered us with thoughtful gifts—whether it was boxes of chocolates, scarves, shawls, or cherished photos. His love was boundless and ever-flowing.

One touching memory is when he shared his morning routine with us. At *Amritvela* meditation, he would sit in silent communion before a large photograph of Brahma Baba and Shiv Baba. From them, he would draw divine strength, guidance, and blessings to sustain him through his day. This simple yet profound practice revealed the depth of his devotion and his unshakeable faith in divine

support.

Even as his physical health began to wane, his spiritual will remained resolute. He continued to listen to every soul that sought his guidance, offering solutions with unwavering faith and compassion. His gentle reminder, “*Baba baitha hai*” (“Baba is with us”), echoed his firm belief that God's hand was always present, leading us through every challenge.

A Legacy of Divine Love and Spiritual Power

B.K. Nirwair Bhaiji's departure from the physical world leaves a gap that cannot be filled. Yet, his legacy of love, unity, and spiritual strength remains as an eternal flame, guiding not only the Brahma Kumaris family but countless souls around the globe. Though we miss his physical presence dearly, his teachings, his loving *drishti*, and the immense warmth he radiated will forever live on in our hearts.

As we reflect on his profound impact, we remember him not just as a leader, but as a spiritual companion and friend. His laughter, his stories, and his endless generosity will continue to uplift and inspire us. May we honour his memory by embodying the divine virtues he cherished—spreading love, unity, and peace—and ensuring that his spiritual legacy continues to shine brightly in this world.

Though his journey in this physical form has concluded, the essence of BK Nirwair Bhaiji's love, wisdom, and spirit will continue to inspire and uplift countless souls for generations to come. Let us all carry forward his light, as beacons of love, unity, and spiritual grace. ■ ■

DO WE FEEL THE NEED FOR CHANGE IN THE WORLD?

Today, people are happy in some ways but not permanently. They have immense sources of entertainment but at the same time, a large number of different reasons for pain and stress have arisen.



We are at a time in the world when the world has seen a lot of achievements in every sphere of life and living life is full of many comforts and positive benefits. Overall, we feel we have entered a very modern era, full of technology and the world is beautifully connected like never before. But at the same time, there is a growing concern in the world that people may be coming close through different forms of media and in many other ways, but they are moving away from each other in love and understanding. Also, magical medical cures for the human body are available today, which were not available a few years back, but at the same time physical and mental illnesses are increasing at such a speed that many people wonder what is happening to the world and why many people are dying young and under unexpected circumstances and many families are losing their loved ones because of health problems so suddenly. In the present world, the mind suddenly wants a lot and very soon and almost always it is not satisfied enough. We don't know why we have become so complex and full of anger, ego, greed, jealousy, hatred and worry in our personality.

Today, people are happy in some ways but not permanently. They have immense sources of entertainment but at the same time, a large

number of different reasons for pain and stress have arisen. Earning money is easy for some and for some who are not so successful, it is the most difficult aspect of their lives, which they have to constantly fight with. In a world of higher and lower as well as divisions between people on many other issues, survival is difficult for many people in the world. That is why today, the world is looking for some change, which can arrest these problems as well as stop the degradation which is taking place in the world. Spiritual wisdom and meditation are tools given by God to the world, which help in reviving the soul and its relationship with God – the Supreme Soul and also in filling the soul with its original virtues - peace, joy, love, bliss, purity, power and truth. **Soul healing is the key to healing all the different aspects of our personal lives, our society as well as the world.** ■ ■



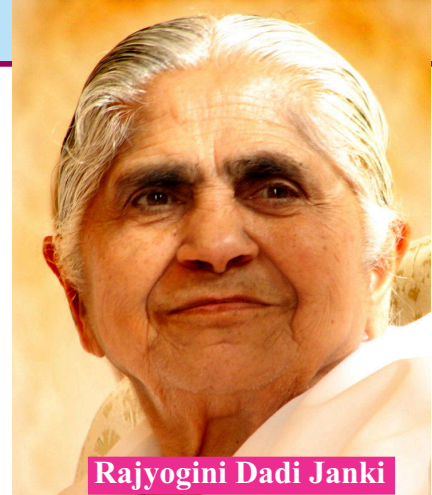
WE, THE BIRDS, HAVE TO FLY AWAY

We have to compete with one another in the race of remembrance but with no trace of jealousy. There should be love amongst us, not jealousy and then we will be attracted to Baba.

The term *Om Shanti* contains both knowledge and yoga. The essence of the *Murlis* is that Shiva Baba Himself asks us to leave body consciousness and remember Him alone. In the world, people depend on their friends and relatives but, for us, Baba is our world. There are four subjects - Knowledge, Yoga, Inculcation of Virtues and Service. The first is knowledge: **Who am I and who is mine?** Then, there is yoga and it is through knowledge that we have yoga. If the understanding of knowledge and yoga is good, then the inculcation of virtues becomes practical in our lives. What are the virtues? Speak less, think less and work peacefully. There is no effort in this. Be accurate. We have to take our meals at the right time and be accurate at the time of yoga. Our intellect should be clear, loveful and full of faith and, then, we will be victorious.

In His blessings, Baba said that the sign of sovereignty is the crown and the sign of a Rajyogi is the crown of light. When we were on service in the foreign lands or in India, people would say that they saw light through us. There is might in that light. It is all due to Baba, it is all Baba's attraction.

The Confluence Age has so much value. I have been surrendered to Baba for more than 80 years. To surrender to Baba means to claim the inheritance of bliss and peace. He gives us the treasure of bliss and peace.



Rajyogini Dadi Janki

M a k e
your heart
very pure
and your

intellect stable. We have the light of knowledge; and wherever we go we must dispel the darkness and bring light and might in that place. We are the birds. We have to fly away. This world is of no use. Baba has opened our third eye.

We have to compete with one another in the race of remembrance but with no trace of jealousy. If we have jealousy, we will make mistakes. There is no time for gossiping. This time is for remembering Baba. There should be love amongst us, not jealousy and then we will be attracted to Baba.

The small finger is for co-operation. Each finger represents something, be it victory or wisdom. This tongue is for speaking about the Father alone. There should never be any trace of jealousy. We have to become deities and we have to make efforts for that now.

There are multiple benefits at every step of the Confluence Age. Which bank gives such benefit to its customers? I don't know how to handle money. My pockets are empty; I wear a white dress yet there is the intoxication of being the master of the world. Care, share and inspire; share your good experiences. This is a good business. **(Contd. ... on page no. 17)**

DEITIES WERE CREATED IN THE IMAGE OF GOD

Deities have a unique unearthly sparkle on their face. They were naturally happy beings; they did not need any reason to be happy.

B.K. Mahima, Gwalior



Deities are the beautiful showpieces in the showcase of the Golden-age established by the incorporeal God Father Shiva. Deities are praised and worshipped because of their viceless life. Deities of the

Golden-age had no desires-good or bad; materialistic or spiritual. The deity souls were complete and perfect and so were desire-free. They were in the worship-worthy form practically because of their purity. Purity is prosperity, the Supreme Father says. At the confluence age "Purity is prosperity" means the more you think pure thoughts, the more the soul will prosper with jewels of knowledge. Because, God teaches us to value each thought, he says, "each thought is equivalent to a diamond" so there in the Golden age, there will be no value for real diamonds. In the Golden age purity is transformed into real jewels and diamonds. That is why diamond studded things will be common in the Golden Age, nobody's vision will be attracted towards these jewels there. Deities are the practical image of God's creation. God transformed ordinary human beings into divine deities.

Deity souls had complete rights over their bodies. Deities were commander-in-chief of their chariot-the body. God father Shiva through



his Godly powers established a world where there was natural beauty in human beings, their bodies were beautiful and pure and also the deities had inner beauty i.e. their mind was pure with less thoughts and so first-class quality life. Deities always followed the highest code-of-conduct, so elevated that the birth of a deity baby was also through the Power of Purity. Deities interacted with each other in a divine way, less through words but more through thoughts, their eyes spoke more than words. Deities have a unique unearthly sparkle on their face. They were naturally happy beings; they did not need any reason to be happy. They were That – HAPPY Constantly! Why were the deity souls constantly happy? Because in contrast to happiness, there is nothing to be unhappy about in that Happy World of Golden Age. **Every day was a Happy Day there, they did not do anything for happiness but, they did everything with happiness.** The world that the Supreme Father is constructing for his children will be a peaceful world. The world of deities will be a Museum of Peace, where peace as a virtue is displayed in every action, and every particle of nature. There will be no difference of opinions and so no arguments amongst the deities. They will all live like one united happy family, the kings and the queens and their subjects. There would be no sorrowful words in that world. Death is a word that brings sadness with it, the word itself

has a negative energy. In heaven, deities will not die but, they will be fresh, new, happy beginnings birth after birth for more than 1000 years.

Every action of a deity's soul will be artistic. The way they walk, the way they see, the way they sit will all be unique because they would be completely and constantly soul-conscious. In spite of being unique, nobody will be attracted to anyone in a body-conscious way, because everyone's way of living there would be – UNIQUE. We are attracted here in the Iron Age, because the quality of everything and every soul is ordinary or even below ordinary and then amidst that when we see something that's not ordinary, we say its unique and are attracted towards it. There, in the Golden Age – Uniqueness is Ordinary! Because everything and everyone appears unique there.

Nature will be subservient to the deities. Nature will be most beautiful and under the law and order of the deity souls. Nature will never break any rules there because their Masters i.e. the rulers of that world will never break any rules. Even death will not break the rule there, hence there will be no untimely death in the Golden Age. Death will also obey the Masters. Because deities are soul conscious, they have beautiful relationship with the self and with the world outside the self. There will be perfect synchrony, a perfect rhythm between the self and the world. Beautiful relationship with the self means that the chariot will obey the charioteer and relationship with others will be beautiful – a deity will not do anything to please the other deity, there will be a natural flow from deep within of love and regard in their relationships. When something is natural it is part of our life, like following a common routine without any struggle. Deities will not have this

feeling of tug-of-war in anything they do; their state of mind will be very light naturally. The world of heaven, the world of Deities would be a very beautiful world, where there will be no form of violence- because they have a pure vessel of mind; their thoughts will be free from any kind of violence of vices. Deities are sweet natured, means they are always easy-going, their faces will always blossom like a blooming rose flower. Deities will be innocent, harmless creatures but, with a powerful mind that will never disobey or betray them. Their thoughts will be their choice and it will always be a good choice. They will create thoughts only when something has to happen, or in other words, whatever has to happen will be created through their thoughts. Deities have no attachment of any kind. They are like a free bird, a bird that is beyond and above all kinds of bondages. Life there in heaven is that is said to *Jeevanmukti* – Liberated whilst living a life.

It is said that God created Man in his own image. God is perfect and so is his creation that is the deities. Of course, human perfection is bound to become imperfect with time. It is only the Supreme Father who is forever perfect. So, he descends at the end of the world time cycle, to make his creation perfect once again, that became imperfect humans from perfect deities. Incorporeal God Father Shiva is bringing heaven on earth and everyday he is bringing us and heaven closer to each other. We might lose hope in between and see ourselves far away from that world of divinity but, the Father says, "You are my jewels of hope, I have a lot of hope in you, you are the ones who will bring heaven on earth and end the world of hell. I, your forever Supreme Father, I am with you at every step of this transformation, together we shall change the world." ■ ■

SILENCE



We crave to speak
Words come out and we tweet
A silent mind makes a word
worthy
A silent thought carves an
action sturdy
In silence
wisdom is sharpened
soul is brightened

B.K. Sarika, Nalasopara, Vasai, MH

A world full of noise, chaos and uproar
Serenity search is hidden in the core
One sunny morning, the spirit is awakened
"Peace" my original asset, realised and re-
awakened
Let's
Explore ourselves in right guidance
Dive deeper and deeper to find "True
Silence" ■■

LAUGHTER: THE BEST MEDICINE

◆ Boss: Do you believe in life after death?

Employee: No, because there is no proof of it.

Boss: Well, there is now! After you left yesterday saying that you had to go to your grandma's funeral, she called the office looking for you.

◆ Teacher: What is the difference between truth and illusion?

Student: Sir, you are teaching, it is truth; we are studying, it is your illusion.

◆ When a medical student came home after getting his MBBS degree, he went straight to his neighbourhood shop and asked the shopkeeper to open his account. The shopkeeper was very happy that he had completed his MBBS and now he would probably clear his three years old debits. When he opened the account, the medical student said, "Please write Dr. before my name!"

◆ Boss: This is the third time you've been late for work this week. Do you know what that means?

Me: That it's only Wednesday.



(Contd. ... from page no. 14)

Our future is the Golden Age and, now, we have to go to *Shanti Dham*. The Soul World is above the sky element and there is peace there. In the Corporeal world, there are 5 elements – earth, water, air, fire, sky. These five elements also do so much work.

This life should be based on truth. On the path of truth, we dance with joy and we sing Baba's praise. Time is very valuable; so, now we have to perform good actions and we have to become *karmateet*, i.e., go beyond the effect of *karma*. Whatever actions we do, others will follow. Our *Amritvela* and evening meditation need to be disciplined.

We have the guarantee that in our next birth, our future will be bright, real and royal. We can feel the vibration whether someone is real or not. But our inheritance is very much real. ■■

RECHARGE YOUR SOUL

Rajyoga cleanses the soul and gives it the ability to stay detached while playing the role.

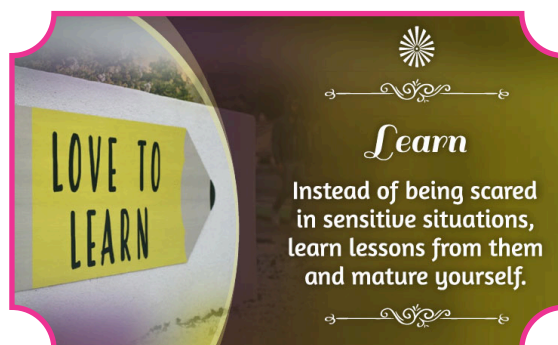
B.K. Shikha, Noida



There are two ways to save ourselves from *Maya* or the illusory traps of material world. Till the time we don't understand how to handle the attack, we have to run, which means to avoid the traps which we are aware will catch us. This is the path of *Sanyas*. Leave all worldly belongings and relations and avoid all illusory traps. But they can never be avoided completely as they change their form and come in different ways. The other is to understand the traps while being between them and using wisdom and knowledge to see through the illusions. This path needs constant awareness. It's like being in a battle field. You don't know when and from where a bullet will be fired at you. The moment you are lost in the illusion could prove fatal and you are overpowered by *Maya*.

Every time we use a mobile phone to connect to the world, either by talking or by internet browsing, some amount of battery charge is lost. But when we connect the phone to the power point its battery is recharged. When we connect to the world by way of thoughts or interactions, we lose some *Atmik* charge. So, there is mental tiredness. And **when we disconnect from the world and connect all thoughts to the Supreme power house *Paramatma*, our *Atmik* battery regains its charge.** We have to

reduce thoughts which discharge us and increase our connection to the Supreme who helps us return to our original state of being fully charged. But we cannot avoid coming into interactions with the world completely. While coming into connections if we manage to retain the awareness that all are souls playing out their own script, like various actors in the drama and I am playing my role, the amount of detachment gradually increases. All this is temporary, like every role is temporary. This is the path of *Karmayoga*, performing actions while staying in awareness of the ultimate reality. This process cleanses the soul and gives it the ability to stay detached while playing the role. Along with this **we remember that the Supreme Father is always there with us watching over and ready to help when needed. This awareness can help us stay light and perform all our actions without feeling mentally tired or burdened.** ■ ■



BEFRIEND GOD

Making the incorporeal God our friend will guarantee us that there is someone always available for us anytime, anywhere and with whom we can share honestly, our fears and doubts and all emotional struggles.

B.K. Dr. Trupti, Shantivan



Man is a social animal. He always wants to live with his companions, from birth till death. For example, when one is born one needs mother to feed and parents to nurture, then he needs

teacher to teach, friend and sibling to play with, close companion to share every joy and sorrow and life partner to accompany and take care in this journey of life.

There is no doubt that every relationship is important and has its own role in everyone's life. But among all of them friendship is that special thread that binds two different souls together. Friendship is a bond beyond caste, creed and culture. Also, in India we all are accustomed with the stories of friendship between Sudama and Lord Krishna, which depicts the strong emotional bond between the two friends in a wonderful manner. Thus, we see that everyone from a child to a deity values their friendship. No doubt, in the cookie of life, friends are the chocolate chips. Some may have a long list of friends while others can merely count them on their finger-tips, still everyone value their friendship a lot.

Friendship between two corporeal beings is, no doubt, amazing, colourful and beautiful but

the capacity of any human being is extremely limited. Also, as time passes by, everyone gets busy in their respective roles fulfilling their culture bound duties and the distance of land hinders human touch. Thanks to the technology of video calling and social network, we can at least see each other and stay in touch whenever and wherever we want. Even then there are various possibilities of misunderstanding, jealousy and competition, between two human beings, after all we are all *tamopradhan* beings! Along with this, sometimes, no matter how close we are, we lack full trust in the other person be it our friend(s) and are, sometimes, hesitant to share some personal things with them due to either lack of trust or some past terrible experiences. Although we are fortunate to have very close friends, yet due to their physical limitations, they cannot be with us always and everywhere.

Hence, **if you really want a friend, to be with you round the clock, to always understand you and to remove all the blockages on your path ahead, to be your backbone in every endeavour and a soft reliable cushion to fall on, stop searching for any corporeal being indeed make the creator God, the incorporeal one that friend which**



you long for. Yes, Befriend God, whom we have glorified in the path of devotion singing, "You are our mother and father, You are our brother and You are our friend..."

Making the incorporeal God our friend will guarantee us that there is someone available for us anytime, anywhere and with whom we can share honestly, our fears and doubts and all those emotional struggles. Also, with 100 percent guarantee of confidentiality, understanding and care, He will guide us and, will not leave us in despair for sure!

God, a bodiless being can reach us at the fastest speed, faster than the speed of light; also, being the knower of three aspects of time (*trikaladarshi*), He can give us unbiased best advice, can help us to successfully face any upcoming ups and downs. **He can empower us and will neither betray us nor misunderstand us nor become our competitor. And will never leave us alone in those dark scary trenches alone. Then just imagine how beautiful and easy our life will become by befriending God!**

How To Befriend God

Communicate with Him through your silent words and feelings and understand His instructions, love and care in deep silence and solitude. Address a letter to Him and read His *Murli*, always stay connected to Him through your mind and intellect and soon you will see more positive changes in your life. Your level of happiness will increase and your graph of success will rise high in every arena. Gradually the thorns of all negative habits will disappear and the garden of values and virtues will flourish. Everything you touch will turn into gold, the soul will become double light means cheerful and satisfied to the core. What an honour it is to be God's friend! What fool would let this once in a

lifetime opportunity slip away.

To strengthen the bond of friendship with God, there are certain conditions which can be fulfilled very easily, by anyone right?

1) Practice becoming self-conscious, as the formless being communicates with the formless God effortlessly, like two bare wires efficiently conduct electric current.

2) Purity must be maintained in every thought, word and action we perform. God, the ocean of purity, is attracted to a pure mind and pure intellect.

3) Share everything with Him, from your daily chores to worldly business, your true feelings and dreams. Share everything with God every night before retiring to bed.

4) Keep informing Him about all your activities as per the instructions received through the *Murli* every day.

5) Continue to remember Him with lots of love and devotion.

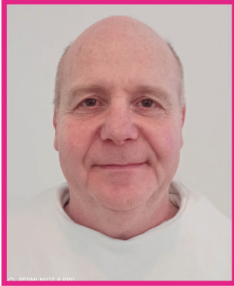
So, make God your friend. For "A friend in need is a friend indeed." Since time immemorial we have called out for His help in need and He has never let us down, so He has always been playing the role of being our eternal Friend, it is just that we have not realised that yet.

They say that it is only by God's blessing that one gets a loyal friend. But we say that by befriending God, man becomes a jewel of contentment as all his wishes get fulfilled and by himself remaining safe under the canopy of protection of the Almighty God, we become the unconditional love and care provider to others. At last, following lines depicts my personal experience: *"If you realize that God is your best friend. He stands beside you when others throw stones at you. You will never be afraid, never feel worthless, and never feel alone."* -

Shannon Alter. ■ ■

LIVING IN THE PRESENCE

B.K. Andrew Grant, UK



To sit, to move, to be in soul
consciousness
Does not suppress,
depress, or try to impress
For many lives I have to
confess
That I aimed to impress with
my best make-up and dress
Tried to look glamorous
when I didn't feel so

glamorous inside

The way people saw me had become my own
impure pride

The confidence I tried to convey

Kept getting penetrated in many different ways

Living my life just to be accepted

Wishing to stand out in the crowd made me
defective

But now the presence of God in the same room

Who loves us so much lifts all the gloom

No longer any need to dress to impress

No need to want another's caress

My dear God, I am always touched by your
presence

While people follow others trying to live in the
present

Such a lot of jargon in this land

While You gently steal my heart and take my hand

You bring out the best in me that I couldn't see
How others see me is whatever it's meant to be
And I have no problem accepting everyone
whatever their role

Having favourites only added to the dirt in my soul
Your divine presence is merged in my heart and
in my eyes

The world falls apart but it's really no surprise

I spend my days with this one invocation

And You accept my invitation

To sit in the light of who You are

My invisible friend who comes from afar

There for everyone because Your vision is vast

I just needed accurate knowledge and I'm
changing fast

God is one, opinions are many

I try to think what would bother me but I can't
think of any

My quest is just to feel You near

I am always touched by Your presence my dear

Eyes wide open and so very alert

Just this one invocation removed all my hurt

A divine atmosphere surrounds me now

Don't worry about me please, now I know how

This one attention removes all tension

Just one deep desire left to see everyone's
ascension ■■

GOD IN EVERY TIME...

Every time I close my eyes,

Dear God it is you to whom I emphasize

Every time I listen you with this ear,

It makes me endear

Every time I take a breath,

I consider myself the greatest

Because you have made me encountered the
biggest truth

Which has made my life really sooth

B.K. Prerika (Nutritionist), Hisar

Protect me in the Canopy of your grace

As it is the most safest space

Oh God, what all I can give to you

As a debt for making my life renew

I thank you from the inner core of my heart

For taking away all my sorrows apart.

Nov. 2024

Man should conquer over greed at his youth because greed becomes youth when he is old.

21

BECOMING A GOOD PARENT AND DEVELOPING A NOBLE CHILD



▶ Remember You Are Creating a Child in Your Image:

Your child is your reflection. You not only bring the child in this world but gift the child with your personality which it imbibes from you apart from its own unique personality which it brings from its past. Your every thought, word and action leave a deep impression on the child.

▶ Create A Dream for The Child and Gift the Dream to Your Child:

Gift your child with a dream of perfection, in which the child is complete in all respects and help the child fulfil that dream by sharing spiritual wisdom and positive affirmations with the child everyday which is his key to unlocking all treasures in life.

▶ Your Relationship with Your Spouse Nourishes Your Child with Love:

To bring up a child who is full of peace, love and joy

and is well balanced physically, mentally and socially, have a deep and constant bonding, full of love with your spouse and create an atmosphere of peace, love and joy at home.

▶ Fill Yourself with God's Blessings and Bless Your Child with Them:

Every morning make an appointment with God and fill yourself with His purest love and blessings and then bring your child in touch with those blessings. They will create magic and miracles in your child's life and make the child successful at every step.

▶ Remain Free from Stress Always to Create a Stable and Strong Child:

Be busy yet easy and don't hurry and worry in any sphere of life. When you become perfect in managing your family and work and when you also manage your time well, your well balanced and peaceful personality will create a stable and strong child. ■■

WORDS OF WISDOM

- ◆ Success is not final; failure is not fatal: It is the courage to continue that counts.
- ◆ Experience is a hard teacher because it gives the test first, and the lesson afterwards.
- ◆ The future belongs to those who believe in the beauty of their dreams.
- ◆ The greatest glory in living lies not in never falling, but in rising every time we fall.
- ◆ The only limit to our realization of tomorrow is our doubts about today.
- ◆ Your present circumstances don't determine where you can go; they merely determine where you start.
- ◆ To know how much there is to know is the beginning of learning to live.

FOOTPRINTS OF THE PAST

Did you know your past can arrive on your doorstep ringing your bell at any moment? It can be carrying flowers and feathers to tickle you or holding a cat of nine tails. If you open your door to beauty and happiness or to a hungry tiger, will all depend on what you got up to in your past lives and last week.

B.K. David, Paignton, UK

Our past always catches up with us, sometimes holding a cricket bat, sometimes with a clenched fist, or wanting to slap but seldom does it arrive holding a feather or holding a gift with a bow on top.

The past will and does, catch all off guard as it's an unwelcome visitor in our lives that brings bad news, sorrows and pain and on most days of the week, even on a Sunday whilst getting ready for church.

To think you can escape your wrongdoings of the past is like the lazy man walking in the park on a sunny day thinking he can have no shadow or hide from it if he stands under a tree.

Many cannot see their shadow (past) following them, waiting to pour boiling water on them for past bad actions or maybe, if been good, coolness of mind that refreshes and cools them down without them knowing from where it came or why.

Your past has been created by one set of footprints and one set of fingerprints – yours!

You might say others pushed you into something or that your company persuaded you to do something against your will but it's your fingerprints and shoe imprints at the scene of the crime, regards if you were pushed or persuaded.

All situations have a get out clause and escape door to escape down the fire escape if you look hard enough and are only interested in leading a good life of truth.

Debt collection is compulsory, constant and never comes with an opt out clause and is non-negotiable.

The past might be forgotten in your mind and life but if it had bad scenes in it that was your instigation and fault, then that act, with its repercussions, must come back and exact their fee from you and that's often paid for in either the currency of suffering or pain.

No one escapes paying the Ferryman.

You have no choice at all as to when, how or to what degree this Debt Collector of Karma Inc. will come and collect the outstanding debt owed by you that has slowly been accumulating as a result of your past actions and thoughts.

Some cross the river of Life in peace and help others on their way and cross the ferry with a huge discount. Most cross The River in anger, in selfishness, greed, clutching at falsehood and their arrogance, and for these passengers, the price will appear to them to be extortionate. Only later will they realise the price for them crossing the river was totally accurate and many of the passengers will finally realise the high price they got charged for crossing once they realise what it was, they did during their whole life was so sinful and false and went totally against the law of spirituality which promotes a natural happy life.

Man's law and understanding promotes all that which leads to sorrow, suffering and often endless pain and confusion, wars and hostility.

Yes, God gave us free will to choose which road we walk. Most paths walked are with constant hurdles, bogs, quicksand, minefields, obstacles and graveyards.

As petroleum is to movement, so your road,



actions, thoughts, compass and gait are to your happiness.

If you are not happy, the wise would stop on their path, check their map route and destination and get out an accurate compass of truth that can only point the way to the small town of Happiness and Peace that's easily missed if one is not concentrating on where they are going (walking).

It costs nothing to stop and check their compass bearings which should be obvious to all that the needle is pointing in the direction of Falsehood and Sorrow.

The people in this town live and suffer constantly and yet most walkers are heading straight for it and will soon reach it at the end of the trail which they have mapped out for themselves.

Are you walking to the town that's easily missed as so small on the map or are you heading for the metropolis of Sorrow that's easy to find?

Nothing is stopping each walker from turning round or in finding an alternative route that avoids this miserable town and which clearly shows a final destination of Happiness and follow the clear path to this small but wonderful town.

Sins and their wrong actions, mixed with a poor lifestyle is like the rent, mortgage and parking fine that will be needed to be paid in full and will not go away. You can moan about it being unfair but it's your past that was unfair and now the mirror that will blind you with the light of truth when it's aimed back at your eyes and causes pain will at some point be directed at you and you'll need to see what you did wrong.

This Mirror of Karma and Conscience is forever gleaming and when present shatters the false mirror of your life by which all live and now controls and dictates their lives.

The power of truth can cause such a false mirror to shatter, with its shards travelling in every direction that are hard to avoid.

You might try to make your life comfortable and even put it on a pedestal but your past can cause an earthquake to shake under your feet to make whatever was on the pedestal to fall off or for the match of truth and justice to strike and set your house alight in which the pedestal stood on show with you on top of it choking from the fumes of falsehood as you watch the flames of reality quickly approaching.

The past does last and lives on, unknown by all.

Until the repercussions of a certain action has been neutralised by being gifted for its charitable act or punished for its sin, the past will lie dormant until it surfaces with its feather or axe.

All think that what they have done in the past is forgotten and good and bad was thrown away in the wind of the past and they are free of it – but no! The past acts like a homing pigeon or guided missile that must return to base when released: it must come back to the sender and explode in front of them either as a bouquet of fragrant flower of love or explode with poisonous gas surrounding you that can affect the nerves or cause immediate pain, amputation, high BP, heart attack or to slip and break your neck.

Seldom will your past arrive back to you with just a message of wisdom like a pigeon in war time.

The past visits you with reason; either to bring a gift of love and peace as a reward or as an enemy ready to sink your ship if necessary and drown you. The past has no mercy as it was created with little thought or care by you at the time.

It would be a rare thing if your past caught up with you to pat you on your back and award you a medal and sing your praise as it salutes you. The past invariably arrives not with a smile to clap you but more to slap you.

People walk around hurting and injured, in pain, both mentally and physically, and have no idea why they are feeling so bad. It's their past

catching up with them and slapping their face on the inside which weakens their mind, organs and diminishes their happiness, at time completely, and can ruin their peace of mind and with all this, their lives fall apart and are often demolished and can only be found amongst the rubble.

For a lucky few, their past arrives with nine feathers to sooth, tickle and to make them feel good, happy and relaxed in life.

It should be obvious, and it is to those that truly want a happy life and to be always happy, that the solution to being happy is to always sow the seeds of goodness wherever you go.

I knew someone that was so good to others, always giving out love, happiness and care, and that same person was always incredibly happy.

Unlike you trying to catch a bar of slippery soap in the dark, the past can easily catch you when it wants to and does not ever fail in its duty.

The key to a successful and happy life is not so hard to grasp.

You only need get cut the key of Truth at the shop of Truth so that you can use it all the time to let in happiness and sorrows out. You should wear this key around your neck as it's so valuable and also, readily available for you to use and hard to forget you have it.

Most can be seen to always be wearing man's key around their neck which never works as made out of Plasticine or made of concrete that's the size of a football and heavy.

God's Key, with its teeth of advice, is to sow the seeds of goodness today that later grow into fruits or flowers that when the past arrives back on your front door step and rings your bell, will be sure to leave you smiling and laughing.

Yet the past is most famous for leaving a person suffering when it calls and when it leaves.

Can you stop a speeding train or deflect a bullet?

How your past catches up with you all depends on what you did and once was in your

hands but now is in God's Karmic Post Office waiting to be sorted and then delivered as and when. Each delivery is different, good or bad, and can arrive as a gift on a silver tray or even on a solid gold trolley. Some news arrives on the back of a smelly donkey, handed to you whilst you're on an operating theatre bed or on the passenger seat next to the driver on an unstoppable train heading directly for you.

And it came to pass they celebrated the night away dancing at the wedding reception on a marble floor until it collapsed and they all fell to their deaths. Sad but true!

And he moved back 10,000 miles to his birth place when he was 80 and died the next day.

The good, the bad, the beautiful and ugly: no person, road or path can be missed by The Past when it's on its on its list to call in and see them as it's their time to receive a sweet reward or a pair of shoes and suit made from barbed wire.

Your past can easily come back to haunt you and its repercussions take over your life.

You might be in charge of your life up until The Past steps forward and enters it and takes over the driving seat and becomes the driving force, outlaw, sheriff, jailor, judge, juggler, and executioner, if need be.

Your past, when back in your life, and the boss, can wreck it completely or make it a place of wonder.

The past will not lose its way to your house or trip up on your step or slip on the uneven drive, even if covered in ice and snow or cancel its meeting with you until a later date. Such a meeting will reveal if you've spent a lifetime making your dance partner the devil or God. The steps learned from both dance partners cannot remain hidden and further results will be easy to see.

If 'The Past' feels uncomfortable as it knows it owes you something, it must come immediately and settle up with you by handing you what it is you deserve. ■■

FREE WILL OR PREDESTINATION?

What I liked in the understanding of Drama is that though it follows a general frame, yet it is still a play of FREE WILL and DESTINY! Destiny is the result of past karma, and present karma is free will.

B K Rose Mary

My knowledge of *The Bible* had convinced me that major events (such as world wars, pollution, climate change, rise in sea-level, global decline in moral values etc.) in the history are predetermined. It predicts even specific events that would happen just before the end of *Kaliyuga*. For example, *The Bible* describes the climax events involving the world's two Super Powers (which are prophetically called as "South King" and "North King" because of their opposed ideologies). They bring up again their long-abandoned Cold War (Daniel 11:40-45 to 12:1) which soon slides into a hot war in which one of them meets with its *sudden* destruction to the utter horror of rest of the rulers of earth. (Revelation 18:8, 9)

The turn of events would be so swift that the Great World Power that had tremendous influence over the earth "is brought to ruin" as though in "one hour." (Revelation 18:3, 10, 19) "One hour" signifies the speed with which things happen. Such a swift and unexpected destruction of a Super Power is now possible with the use of ultra-modern EMP (Electro Magnetic Pulse) weapons which deaden all weapons of the target country leaving it in absolute black-out with its no electronic gadgets working. With one World Power gone, business community will start "crying and mourning." (Revelation 18:11, 19) "Then shall be the great Tribulation, such which has not been from the beginning of the world until



now ... If those days will not be cut short, no one would survive." (Mathew 24:21, 22) This is a situation that other parts of the *The Bible* call "Armageddon" in which rulers of "the whole world" will suffer destruction (Revelation 16:14, 16) which will pave the way for the creation of a new world by God Almighty. (Daniel 2:44; 2 Peter 3:13)

When I learned from *The Bible* that things are very accurately predicted and we are seeing them unfolding in our generation, a question arose within me: If events are "predestined," what about my actions – "Are they also predetermined?"

I got the correct answer from the 'Awakening with Brahma Kumaris' TV programme. I learned that our current *sanskars* (resolves/ propensities) are not our original nature but are learned and have become our habits through repetitions, hence, it is possible for anyone to revert to one's original nature of peace, love and purity, if anyone wants to do so. Individuals can change their *sanskars* in the concluding phase of each *Kalpa* (a cycle of 5000 years) because it is during this time that God Himself plays His role of World Benefactor, to bring benefit to all those who are willing to be purified and elevated by Him.

I decided to go deeper into this knowledge and learned Rajyoga (Seven-Day Course, one hour daily) from the Brahma Kumaris. In time I experienced God reactivating my original nature (knowledge, purity, happiness, love, peace, bliss and power) and sustaining it through His loveful remembrance. It means my negative qualities were replaced with their opposites – the positive ones. In the Rajyoga course, what attracted me the most is the teaching of Drama which says souls descend from *Paramdham*

(original home of all souls) number-wise to take births here on earth, and return home at the end of each *Kalpa*. “Those who studied in the previous cycle will study again.” (Murli 12.7.2016) I found this true in my case. I was easily awakened at the mention of Drama, which I readily accepted as though it was already there deep within me.

What I liked in the understanding of Drama is that though it follows a general frame, yet it is still a play of FREE WILL and DESTINY! Happenings just flow one after the other just like present is the result of past. Destiny and free will are not separate, but both are *karma* (action). Destiny is the result of past *karma*, and present *karma* is free will. Once an action is *chosen*, its results are *fixed*, or cannot be changed. The diligent ones make maximum benefits whereas the lazy ones are the losers because God declares: “Don't say: 'If it is in the drama, I will do it.' If you want to claim a high status in the new kingdom, then make a lot of effort.” (Murli 2.3.2016) “By listening to and believing in wrong things, even good children fall and this is why you have to be very careful. If anyone sulks with the Father, or the study, that one's fortune becomes spoilt for 21 births.” (Murli 1.8.2016; 15.7.2016) Both the diligent and the lazy ones alike know that whatever they did was their choice.

The more I pondered over these teachings, it became simpler and even more and more meaningful. In happiness people do not remember God, but they remember Him in sorrow. Thus, in forgetfulness, human beings lose Paradise, and in remembrance they regain it. “This is not called the destiny created by God, but it is the destiny created in the Drama.” (Murli 7.6.2016) They slip into forgetfulness on their own, but are brought back to remembrance at the initiative of God. In the concluding phase of each *Kalpa*, God Shiva makes His descent on His conduit and “explains *exactly as he did* in the previous cycle.” (Murli 30.6.2016) Those who

responded in the previous cycle choose to respond to His teachings now and those who did not respond in the previous, cycle would choose not to respond. Hence, each *Kalpa* will look exactly the same—something which even Jesus alluded to when he said: “A good person produces good things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart.” (Mathew 12:35) In other words, living is merely the pursuit of a pattern. Like an iceberg that is not influenced by wind because 90 percent of it is below the water's surface, the *sanskars* of people remain unaffected. People keep returning to their original *sanskars* like water that returns to liquidity even though chill and heat can temporarily change it into ice or vapour respectively. And each person returns in rebirth with the same *sanskars* with which he lived in his previous life: “Whatever the state of being one remembers when he quits his/her body, that state he/she will attain without fail.” (*The Bhagavat Gita* 8:6)

It means people *repeat* what they enjoy doing. It is like what happens with habitual late comers who will again slip into late coming mode even when arrival-time is changed in favour of them. While they feel they are exercising their choice, in effect no choice takes place in the real sense of the term because they are only falling according to their inclination (hence, we have the expression 'falling in love'). But the real choice happens in the case of those who choose to study Raja Yoga course and benefit from God's teaching programme in the Confluence Age because they renounce their Iron-aged life and take up Golden-aged life. Here, too, once they realize their original nature (when they remember they are not this body, but souls, the mighty children of the Almighty) they no longer feel they are on an uphill-task; they practise spirituality with much ease because

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RAJYOGA: THE GATEWAY TO ETERNAL PEACE, PROSPERITY AND JOY

Rajyoga offers a path to self-realization and soul consciousness. It breaks the cycle of negative thoughts and emotional turmoil, creating a state of detachment from worldly chaos while still allowing one to engage positively with the world.

B.K. Geetika Sharma, Delhi

Rajyoga meditation was taught to me by Vidyasagar Bhajji; he initiated me into Baba's Supreme teachings and Rajyoga meditation, which yield profound benefits that enrich both the body and mind. Rajyoga is a spiritual discipline that connects practitioners directly to Almighty Shiva Baba, the Supreme Soul, enabling them to experience inner peace, clarity, and a sense of divine protection. For me this practice has unlocked health benefits and mental well-being, leading to a life filled with joy, peace, and happiness.

Through the connection with Shiva Baba, Rajyoga allows practitioners to transcend the limitations of the body. By focussing on the eternal relationship with the Supreme, one finds solutions to life's problems, no matter how challenging. Baba's wisdom illuminates the path, providing insight and clarity, fostering a deep sense of trust that divine guidance will always lead to the right outcome.

In terms of health benefits, regular Rajyoga meditation calms the mind and reduces stress, anxiety, and tension. This, in turn, improves physical health, strengthening the immune system, enhancing mental clarity, and promoting emotional balance. The practice encourages a state of inner stillness, which can lead to lowered blood pressure, better sleep, and overall enhanced vitality.

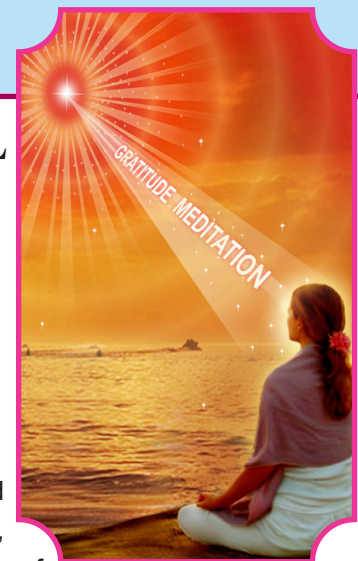
Mentally, Rajyoga offers a path to self-realization and soul consciousness. It breaks the cycle of

negative thoughts and emotional turmoil, creating a state of detachment from worldly chaos while still allowing one to engage positively with the world.

Through this spiritual connection, practitioners are blessed with health, wealth, and happiness, not just for this lifetime but for the entire Kalpa, or cosmic cycle. Rajyoga opens the door to an elevated state of living where peace, joy, and Baba's love flow unconditionally, nourishing the soul at the deepest level.

Rajyoga meditation offers not only personal benefits but also contributes to the well-being of the society. As individuals experience peace, joy, and clarity, they naturally exude positive vibrations, creating a ripple effect of harmony in their surroundings. By connecting with Almighty Shiva Baba, practitioners receive spiritual strength, allowing them to face life's challenges with a calm and focussed mind.

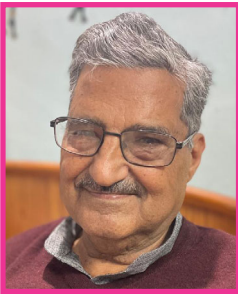
Rajyoga empowers individuals to cultivate virtues like patience, compassion, and forgiveness, improving relationships and fostering a sense of unity. The spiritual wisdom imparted by Shiva Baba through Rajyoga ensures that we are blessed with health, wealth, and inner peace for the entire Kalpa, creating a life of fulfilment on all levels—physical, mental, emotional, and spiritual. ■ ■



BE IN THE PRESENT

For a peaceful and healthy life, one should enjoy the PRESENT, forget the past and not worry about the future.

S. B. Saraswat, Sr. Scientist, Dehradun



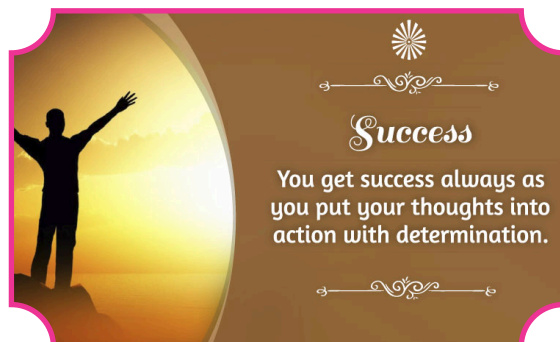
Once upon a time, Gautama Buddha was speaking in a gathering of his followers in a village: "Detachment" is one of the main solutions of many tensions in human life. A newcomer in that meeting was very angry on that point.

He shouted "How can a family man remain detached from his dependents? This may be only possible for persons like you, who left your wife and son in midnight without thinking about their future. We cannot be so self-centred like you." He abused him in a public place. Late in the night, when his mind had cooled, he repented for having misbehaved with the Buddha. He went to another place where Buddha was teaching to his disciples. With folded hands, He begged to be pardoned by the Buddha. But Buddha could not recognize him. He reminded him about the previous episode. **Buddha replied that he does not bother about the past nor think for the future, but always remains in the present.**

When we call BHARAT as *Vishwaguru*, contributions of saints like Gautama Buddha are very significant. His teachings are still followed at international level where people from many advanced countries are also his followers. Most spiritual teachers recommend their followers to think for the

present, act in the present and live in present. Then, there will be complete peace of mind.

Significance of "present time or day" is well defined and documented in RAMAYAN (Ramcharitmanas) an internationally popular spiritual book of India. Vasistha, the Guru of Ayodhya was a *TRIKALDARSHI* (Sant having advanced Knowledge of all three times past, present and future) As per his advice an auspicious day and time was fixed for the *Rajyabhishek* of Ram (Coronation of the new king to the throne). But the coronation could not be performed. When the Guru was asked about this, he replied that "time is most powerful". So, it can safely be concluded that for a peaceful and healthy life, one should enjoy the PRESENT, forget the past and not worry about the future. ■ ■



God, World And The Devil

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functioning in the world, then the question arises as to how these two are related to each other and how Devil is related to man.

In order to evade the above said difficulties, some philosophers take the stand that God Himself created evil. But this theory also does not solve the riddle: it has to face a spate of equally perplexing questions which it cannot adequately explain. For example, it does not answer why at all God, the Holiest Being, created evil. If God is the Creator of Evil, one may ask: "How can He then be the Saviour, the Protector or the Loveful and Merciful Father? Or, why should one offer prayers to invoke God if one knows that He is the very source of evil and the resultant troubles and is, in conclusion, the One who, perhaps, takes pleasure in man's woes, or else why did He create evil for His beloved children?"

In answer to this, some suggest that God created the evil in the world so that man might confront it. And, in doing this, he may prove himself to be virtuous and holy and may, thus, be entitled, according to his efforts, for a reward in the form of glory and happiness and may also gain self-knowledge. But the question arises why should God take it upon Himself to create evil and accept the onus of making man fight the evil force? Moreover, each one of us can see that, in this vast universe, only very few people really improve in their conflict with evil while a great many slide down rather dangerously along the path of evil. So, the belief that God created evil, does not lend any mental satisfaction to man.

As everyone knows, Christians pray to God in the words, "Lord, lead us not into temptation." The Hindu faithful ones say in one of their famous chants: 'Rid us of the vices, O Lord, and

absolve us of our sins."

Are these prayers not at variance with the belief that God created evil and sins? One really finds it difficult to understand why God, who is considered to be compassionate, kind and loving Father and also Knowledgeful Saviour, would create evil to test man, especially when He, the Knowledgeful Being, knows that man is very likely to fall in evil ways if tempted? It hardly befits such a Mighty One as God to test such a weak being as man, particularly when He knows that the average individual finds it enormously difficult to confront temptation. Moreover, how can God, who is all Good and is perfectly Pure, reconcile His virtuous nature with the act of creating evil? Evidently, this belief about evil falls short of explaining these and other related questions. Over the Ages, there have also been thinkers who have said that evil has no existence separate from God or *Brahm*. Rather, God, by virtue of an indefinable power, called *Maya*, created this phenomenal world as He wished Himself to become multifarious. "Whatever we see manifest in this world of diversity is a proliferation of God or *Brahm* and there is nothing besides that." Now, this view also has to face a volley of questions. For example, one may ask, "If God, at a very remote point of time in the hoary past, had the wish or the volition of creating the world or of proliferating Himself into many, does not this lead one to conclude that God is incomplete or imperfect, for anyone, who has a wish to fulfil, must have something lacking in Him? If one says, "God had no particular object behind His wish of creating the universe, then one would be tarnishing the image of God by saying this, for one ought to know that even a child never does anything without adequate reason or object. Again, if one argues that the power of creating 'evil' is as much

in the nature of God as the power of creating the world, it would obviously imply that God is, by nature, evil too and this corollary no one would ever accept.”

There is yet another class of philosophers who, in order to evade all these problems, reject the existence of evil itself by arguing that God did not create evil. They say that, actually, there is no evil in the world but man only experiences it. This explanation of evil contradicts and rejects the evidence of human experience. Moreover, it reduces all moral and religious teachings to something having no sense. It is an argument which even common sense and everyday experience demur to accept. In fact, no one can deny that evil is real, it does exist and it is a part of human experience.

The Truth

It should have been transpired by this small discussion on the nature of God, World and Evil that man has failed to give a satisfactory explanation of the inter-relation among them. The truth about these is revealed by God Himself. He says that evil exists at the material, biological, intellectual and spiritual levels. At the material level, it exists as *Tamogun*, at mental level it is present as *perverted understanding* and it is there at moral and spiritual levels as *distortion of Truth*, as *ignorance of the self*, as *debasement of values* and as vices. It is present as *negation of good* or “as a negative force”. But He has not created this.

God says that He created man holy 'in His own image'. Human soul is, in its original nature, pure with the innate qualities of love and peace. But, in course of time, man became body-conscious, forgetting his real self, and, thus, his quality of love got

perverted into sex, greed, gluttony and attachment and it brought in its wake, jealousy, hatred, anger and pride. Thus, evil is nothing but man's own creation and it entered the world not at God's bidding but as perverted form of man's love, and as man's forgetfulness of the real self, or as his sense of identification with his body. If we, thus, understand the nature of evil, we will be able to eradicate it by our own efforts, aided by God who is perfectly Holy and helps in liberating the souls from evil. ■ ■

Life Changing Advice

- **Speak with people older than you:** Older people may not keep up with the times, but they can teach you a lot about what actually matters in life. One day with older people can prevent a decade of wasted time on meaningless pursuits.
- **Don't burn bridges:** This world is smaller than you think, especially if you're in a niche market. Not everyone needs to know you dislike them. Find humor in the faults and move on.
- **Just keep going, no matter what:** You might lack skill, you might lack hope, you might lack money—honestly, most people, at one point or another, have lacked these seemingly important endowments. But if you have grit, determination and persistence, you will always make it through to brighter days because you can outlast the days that make you want to give up. If you learn to become comfortable with the discomfort of rejection, uncertainty and obscurity, you will forever persevere to claim the moments of joy and accomplishment you seek.



Abu Road: Ms Aditi Govitrikar, Mrs. World 2001 and Actress is being blessed by Rajyogini Dadi Ratan Mohini, the Chief of Brahma Kumaris.



Mumbai: Famous actress Ms Malaika Arora is felicitating BK Deepak and BK Crina with Cluster of Achievers Award.



Jhabua (MP): Sitting on the stage to launch a campaign for drug-free India are Mr. Nagar Singh Chauhan, Tribal Welfare Minister, Ms. Anita Chauhan, MP, BK Jayanti, BK Dharti and others.



Switzerland: Dr. BK Binny is being honoured with certificate of appreciation by Head of European Initiatives of World Book of Records Mr. Wilhelm Jezler.



Bhubaneswar (Unit-9): Ms. Aparajita Sarangi, Member of Parliament, Swamini Ritanjana Saraswati from Chinmaya Mission and BK Usha are lighting lamp in a programme on Srimad Bhagavad Gita.



Durg (CG): A Campaign for drug-free India is being launched by MP Mr. Vijay Baghel, MLA Mr. Gajendra Yadav, Divisional Commissioner Mr S.N. Rathore, IG Mr. R.G. Garg, Dr. Sachin Parab and BK Rita.

CREATING A NATURE OF PERMANENT HAPPINESS

Happiness is one of the most important and defining qualities of life. Everyone wants to be very happy all the time and no one wants to lose their happiness at any moment in their life. There is nothing more important than being happy in human life. It's the top most priority of all humans. But at the same time everyone feels that happiness is not permanent and it comes and goes away very easily. This is because the source of happiness of most people in the world today is external and external sources in our present lives keep changing and going through ups and downs. Some people in the world also feel that this is how happiness has been eternally - unstable and temporary in nature and there has never been any time in the world when happiness was permanent. But that is not true because God is the Ocean of Bliss and Joy and the original world that is created with His vibrations, words and actions is full of happiness, in which there is no sorrow of any type.

So ultimately, we need to realize that our original *sanskars* of the world of happiness in which we lived originally were of permanent happiness and not a temporary one. Another thing we need to realize is that although everything external, in the world of happiness was pure and perfect, our happiness was dependent on our internal soul fulfilment and not on anything outside. We loved and enjoyed everything outside like our physical beauty, our relationships, our roles, our perfect health, our immense wealth and the



beautiful gifts of nature that it gave us. But at the same time our happiness was not dependent on them. And these are the same *sanskars* that we need to fill ourselves with at the present moment - learning to be unconditionally happy, irrespective of what happens outside us. This is because the world now, after a few more years of transformation, will enter a phase of permanent happiness, which God is creating at the present moment again and we will be a part of it. We will carry our *sanskars* of the present, into the future. ■■

Happiness

Happiness is not just about a mood or feeling; it equips us with the power to cross any challenge that comes in our way. It causes our mind, intellect and body to function out of calmness, wisdom and optimism.

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spirituality means knowing that 'I am a soul manifesting quality such as knowledge, purity, happiness, love, peace, power, bliss,' etc. When souls forget their real identity, they live in the limited view of body-consciousness, but God Shiva's elevated teachings awaken them. Now, they operate out of their original inclination, and spirituality comes naturally to them. This is something they thought impossible when they were in body-consciousness!

I could easily relate to the above understanding of Drama in my own life. Many things I describe as my choice is not choice in the real sense. For example, reading is more than a hobby to me and I can read any number of hours or even days continuously. Though it has an impression that I am choosing to read; in truth, I am only leaning or rolling down towards what I enjoy doing, not a choice in its real sense – it comes as part of *being me*. That means if it is in one's *sanskar*, it will come out and flourish like a seed does under proper conditions. If one had lived in the first half of the *Kalpa*, it is only a matter of time that memory of him/her will be rekindled as the "fire that is enveloped by smoke" gets rekindled (*The Gita* 3:38) and will prefer the Golden-aged life again.

The greatest charm of this Drama is that aspirants can reap more than what they sow - a wonderful prospect that is available only in this time when God Shiva directly teaches His children. Listen to what He says: "People don't have a guarantee for even one birth whereas you can have your line of fortune eternally drawn by the Bestower of Fortune. It is only at this time that the Bestower of Fortune comes to distribute this fortune, and you can take as much as you want from Him. According to the Drama, the present time has this blessing. The overflowing treasure store of fortune is open." (*Murli* 3.7.2016) Those who cooperate with our Heavenly Father now in this last birth can have an inheritance of 21 births (2500 years) in the recreated heaven on earth. No wonder, remembrance of this truth from the previous *Kalpa* remains protected in the word '*saubhagya*' (hundred fortunes) which means one hundred times fortunate – something that God alone can give to serious effort-makers in the Confluence Age. ■ ■



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Udaipur: H.E. Draupadi Murmu, the President of India is being felicitated by BK Vijaylakshmi, BK Padma and BK Reeta.



Mumbai: HE CP Radhakrishnan, the Governor of Maharashtra is being presented Godly gift by BK Rukmani, BK Vandana and BK Mala.



Philippines: BK Jayanti is addressing a public event to mark the 40-years celebration of the Brahma Kumaris in Philippines.



Ambikapur (CG): Mr. Vishnu Dev Sai, Chief Minister of Chhattisgarh is being felicitated by BK Vidya.



Bhavnagar (GJ): Union Minister of State Ms. Nemubhen Bambhaniya is being presented Godly gift by BK Jayanti, BK Sarla and BK Trupti.



Noida (Sector-50): Mr. Rajeev Ranjan Singh, Union Minister for Panchayati Raj and Animal Husbandry is being presented a frame of Incorporeal God Shiva by BK Savita and BK Falak.



Bhopal: A three-day program on Shrimad Bhagwat Geeta is being addressed by BK Usha.

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Abu Road (Man Sarovar): Hon'ble President of India Her Excellency Draupadi Murmu is addressing senior members of the Brahma Kumaris during her two-day visit to the organization's headquarters.



Abu Road (Shantivan): Mr Pushkar Singh Dhami, Uttarakhand Chief Minister, Mr Ravneet Singh Bittu, Union Minister of State for Railways and Mr Ravikishan, MP and Actor are being felicitated by BK Jayanti and BK Mruthyunjaya during the Global Summit 2024.



Abu Road: BK Brijmohan is addressing the plenary session of Global Summit 2024. H.E. Thawar Chand Gehlot, Governor of Karnataka, Mr Rajbhushan Chaudhary, Union Minister of State for Jal Shakti and BK Jayanti are sitting on the stage.



Abu Road: Mr Rajendra Shukla, Dy Chief Minister of Madhya Pradesh, BK Brijmohan, BK Chadrika and BK Mruthyunjaya are on the dais during the valedictory session of the Global Summit 2024.